



HCFA
Health Care For All
MASSACHUSETTS

PFAC
MASSACHUSETTS
PATIENT & FAMILY ADVISORY COUNCILS
Making a Difference in Care

PFAC Annual Report Form

Health Care For All (HCFA) advocates for health justice in Massachusetts by working to promote health equity and ensure coverage and access for all. HCFA uses direct service, policy development, coalition building, community organizing, public education and outreach to achieve its mission. HCFA envisions a day when everyone in Massachusetts has the equitable, affordable, and comprehensive care they need to be healthy.

Why complete an annual report for my PFAC?

Under Massachusetts law, hospital-wide PFACs are required to write annual reports by October 1st each year. These reports must be made available to members of the public upon request. As in past years, HCFA is requesting a copy of each report which will be posted on HCFA's website, <https://hcfama.org/pfac/>. HCFA recommends using this template to assist with information collection, as well as the reporting of key activities and milestones.

What will happen with my report and how will HCFA use it?

We recognize the importance of sharing of information across PFACs. Each year, we:

- make individual reports available online
- share the data so that PFACs can learn about what other groups are doing

Who can I contact with questions?

Please contact us at atappan@hcfama.org or call us at 617-275-2982.

Please email completed forms to PFAC@hcfama.org.

Reports should be completed by October 1, 2023.

2023 Patient and Family Advisory Council Annual Report Form

The survey questions concern PFAC activities in fiscal year 2022 only: (July 1, 2022 – June 30, 2023).

Section 1: General Information

1. Hospital Name: **New England Sinai Hospital**

NOTE: Massachusetts law requires every hospital to make a report about its PFAC publicly available. HCFA strongly encourages the completion of an individual report for each hospitals-wide PFAC.

1a. Which best describes your PFAC?

- ☐ We are the only PFAC at a single hospital – **skip to #3 below**
- ☐ We are a PFAC for a system with several hospitals – **skip to #2C below**
- ☐ We are one of multiple PFACs at a single hospital
- ☒ We are one of several PFACs for a system with several hospitals – **skip to #2C below**
- ☐ Other (Please describe):

1b. Will another PFAC at your hospital also submit a report?

- ☐ Yes
- ☒ No
- ☐ Don't know

1c. Will another hospital within your system also submit a report?

- ☒ Yes
- ☐ No
- ☐ Don't know

3. Staff PFAC Co-Chair Contact:

- 2a. Name and Title: **Susan Dowling, Patient Advocate**
- 2b. Email: **Susan.Dowling@Steward.org**
- 2c. Phone: **781-297-1153**
- ☐ Not applicable

4. Patient/Family PFAC Co-Chair Contact:

- 3a. Name and Title:
- 3b. Email:
- 3c. Phone:
- ☒ Not applicable

5. Is the Staff PFAC Co-Chair also the Staff PFAC Liaison/Coordinator?

- ☒ Yes – skip to #7 (Section 1) below
- ☐ No – describe below in #6

6. Staff PFAC Liaison/Coordinator Contact:

- 6a. Name and Title: **Susan Dowling, Patient Advocate**
- 6b. Email: **Susan.Dowling@Steward.org**
- 6c. Phone: **781-297-1153**
- ☐ Not applicable

Section 2: PFAC Organization

7. This year, the PFAC recruited new members through the following approaches (check all that apply):

- ☐ Case managers/care coordinators
- ☐ Community based organizations
- ☐ Community events
- ☒ Facebook, Twitter, and other social media
- ☐ Hospital banners and posters
- ☒ Hospital publications
- ☐ Houses of worship/religious organizations
- ☐ Patient satisfaction surveys
- ☐ Promotional efforts within institution to patients or families
- ☐ Promotional efforts within institution to providers or staff
- ☒ Recruitment brochures
- ☒ Word of mouth/through existing members
- ☒ Other (Please describe): [An application to join PFAC is included in every patient's admission binder.](#)
- ☐ N/A – we did not recruit new members in FY 2022

8. Total number of staff members on the PFAC: [1](#)

9. Total number of patient or family member advisors on the PFAC: [3](#)

10. The name of the hospital department supporting the PFAC is: [Quality Management](#)

11. The hospital position of the PFAC Staff Liaison/Coordinator is: [Patient Advocate](#)

12. The hospital provides the following for PFAC members to encourage their participation in meetings (check all that apply):

- ☐ Annual gifts of appreciation
- ☒ Assistive services for those with disabilities
- ☒ Conference call phone numbers or “virtual meeting” options
- ☒ Meetings outside 9am-5pm office hours
- ☒ Parking, mileage, or meals
- ☐ Payment for attendance at annual PFAC conference
- ☐ Payment for attendance at other conferences or trainings
- ☐ Provision/reimbursement for childcare or elder care
- ☐ Stipends
- ☒ Translator or interpreter services
- ☐ Other (Please describe):
- ☐ N/A

Section 3: Community Representation

The PFAC regulations require that patient and family members in your PFAC be “representative of the community served by the hospital.” If you are not sure how to answer the following questions, contact your community relations office or check “don’t know.”

13. Our hospital’s catchment area is geographically defined as: [Referral basis is Eastern Massachusetts Region](#)

☐ Don’t know

14. The racial and ethnic groups in these areas include (please provide percentages; if you are unsure of the percentages check “don’t know”):

	RACE						ETHNICITY	
	% American Indian or Alaska Native	% Asian	% Black or African American	% Native Hawaiian or other Pacific Islander	% White	% Other	% Hispanic, Latino, or Spanish origin	
14a. Our defined catchment area								<input checked="" type="checkbox"/> Don’t know
14b. Patients the hospital provided care to in FY 2022	.03%	1.50%	10.61%	.09%	75.87%	2.51%	1.15%	<input type="checkbox"/> Don’t know
14c. The PFAC patient and family advisors in FY 2022			14.30%		85.7%			<input type="checkbox"/> Don’t know

15. The languages spoken in these areas include (please provide percentages; if you are unsure of the percentages select “don’t know”):

	Limited English Proficiency (LEP) %	
15a. Patients the hospital provided care to in FY 2023	13.5%	<input type="checkbox"/> Don’t know
15b. PFAC patient and family advisors in FY 2023	0	<input type="checkbox"/> Don’t know

15c. What percentage of patients that the hospital provided care to in FY 2023 spoke the following as their primary language?

	%
Spanish	3.73%
Portuguese	4.20%
Chinese	.23%
Haitian Creole	6.07%
Vietnamese	.46%
Russian	1.63%
French	.70%
Mon-Khmer/Cambodian	
Italian	.23%
Arabic	.23%
Albanian	
Cape Verdean Creole	6.07%
American Sign Language	
Portuguese (Brazilian)	.70%
Portuguese (Creole)	.93%
Cantonese Chinese	.70%
Mandarin Chinese	.23%
Greek	.23%
Hmong	
Polish	.23%
Punjabi	
Tagalog	
Thai	.23%
Turkish	.23%
Ukrainian	.70%
Urdu	
Bulgarian	.46%
Gujarati	.23%
Korean	.23%
Telugu	.23%
Taishanese	.23%
Fuzhou	.23%

☐ Don't know

15d. In FY 2023, what percentage of PFAC patient and family advisors spoke the following as their primary language?

	%
Spanish	
Portuguese	
Chinese	
Haitian Creole	
Vietnamese	
Russian	

French	
Mon-Khmer/Cambodian	
Italian	
Arabic	
Albanian	
Cape Verdean	

☐ Don't know

16. The PFAC is undertaking the following activities to ensure appropriate representation of our membership in comparison to our patient population or catchment area: [An application to join PFAC is included in every patient's admission binder.](#)

Section 4: PFAC Operations

17. Our process for developing and distributing agendas for the PFAC meetings (choose):

- ☐ Staff develops the agenda and sends it out prior to the meeting
- ☐ Staff develops the agenda and distributes it at the meeting
- ☐ PFAC members develop the agenda and send it out prior to the meeting
- ☐ PFAC members develop the agenda and distribute it at the meeting
- ☒ PFAC members and staff develop agenda together and send it out prior to the meeting. (Please describe below in #17a)
- ☒ PFAC members and staff develop agenda together and distribute it at the meeting. (Please describe below in #17a)
- ☐ Other process (Please describe below in #17b)
- ☐ N/A – the PFAC does not use agendas

17a. If staff and PFAC members develop the agenda together, please describe the process: [Ideas and suggestions from Council members during PFAC meetings are appropriately added to upcoming meeting agendas for discussion. Meeting agendas are sent out via email prior to meetings and then also disbursed at meetings.](#)

17b. If other process, please describe:

18. The PFAC goals and objectives for 2022 were: (check the best choice):

- ☐ Developed by staff alone
- ☐ Developed by staff and reviewed by PFAC members
- ☒ Developed by PFAC members and staff
- ☐ N/A – we did not have goals for FY 2022– **Skip to #20**

19. The PFAC had the following goals and objectives for 2023:

- [1\) Recruitment](#)
- [2\) Assist in maintaining and improving Patient Experience](#)

3) Assist hospital departments with Quality Initiatives

20. Please list any subcommittees that your PFAC has established: **N/A**

21. How does the PFAC interact with the hospital Board of Directors (check all that apply):

- ☒ PFAC submits annual report to Board
- ☒ PFAC submits meeting minutes to Board
- ☐ Action items or concerns are part of an ongoing "Feedback Loop" to the Board
- ☒ PFAC member(s) attend(s) Board meetings
- ☐ Board member(s) attend(s) PFAC meetings
- ☐ PFAC member(s) are on board-level committee(s)
- ☐ Other (Please describe):
- ☐ N/A – the PFAC does not interact with the Hospital Board of Directors

22. Describe the PFAC's use of email, listservs, or social media for communication: **The PFAC uses email for the distribution of our meeting agenda and minutes and also for communication between meetings.**

- ☐ N/A – We don't communicate through these approaches

Section 5: Orientation and Continuing Education

23. Number of new PFAC members this year: **0**

24. Orientation content included (check all that apply):

- ☒ "Buddy program" with experienced members
- ☐ Check-in or follow-up after the orientation
- ☐ Concepts of patient- and family-centered care (PFCC)
- ☐ General hospital orientation
- ☐ Health care quality and safety
- ☒ History of the PFAC
- ☐ Hospital performance information
- ☐ Immediate "assignments" to participate in PFAC work
- ☐ Information on how PFAC fits within the organization's structure
- ☐ In-person training
- ☐ Massachusetts law and PFACs
- ☐ Meeting with hospital staff
- ☐ Patient engagement in research
- ☒ PFAC policies, member roles and responsibilities
- ☐ Skills training on communication, technology, and meeting preparation
- ☒ Other (Please describe below in #24a)

☐ N/A – the PFAC members do not go through a formal orientation process

24a. If other, describe: **HIPAA and patient confidentiality / practical details – logistics of meeting and attendance expectations.**

25. The PFAC received training on the following topics:

- ☐ Concepts of patient- and family-centered care (PFCC)
- ☒ Health care quality and safety measurement
- ☐ Health literacy
- ☐ A high-profile quality issue in the news in relation to the hospital (e.g. simultaneous surgeries, treatment of VIP patients, mental/behavioral health patient discharge, etc.)
- ☒ Hospital performance information
- ☐ Patient engagement in research
- ☐ Types of research conducted in the hospital
- ☐ Other (Please describe below in #25a)
- ☐ N/A – the PFAC did not receive training

25a. If other, describe:

Section 6: FY 2023 PFAC Impact and Accomplishments

The following information concerns PFAC activities in the fiscal year 2023.

26. Please share the following information on the PFACs accomplishments and impacts:

26a. What were the three greatest accomplishments/impacts of the PFAC related to providing feedback or perspective?

Accomplishment/Impact	Idea came from (choose one)
Accomplishment/Impact 1: Chief Nursing Officer shared that we currently have a Nursing Assistant Training Program and looking to establish our own training with expectations of our nursing staff. This will be overseen by our two full-time educators who are Clinical RN Specialists. RN graduate program just began and will take place in September and January. Also now open to hiring LPNs.	<input type="checkbox"/> Patient/family advisors of the PFAC <input checked="" type="checkbox"/> Department, committee, or unit that requested PFAC input
Accomplishment/Impact 2: The hospital is moving away from indwelling catheterization by trialing external devices (PureWick,	<input type="checkbox"/> Patient/family advisors of the PFAC <input checked="" type="checkbox"/> Department, committee, or unit that requested PFAC input

FemFit). Some can be used at home. Great feedback thus far. Infection Control reported to Council the work being done to get rid of lines. Infection Control Manager meets with nurse managers 2x/month to select which patients to trial. The Infection Control Manager also speaks with the doctors about using mid lines. Improvement is noted. Our hospital is doing great with Hospital Associated Infections risk reduction. Infection Control Manager presented at the Regional Infection Education Program. Other hospitals are inquiring how we have achieved our results.

Accomplishment/Impact 3:

Infection Control Manager shared a new initiative.

Wash basins were eliminated in June 2022. We are now using bathing cloths with wash in the morning, evening. Also using shampoo caps which is placed over patient's head, rubbed in and then taken off for hair to dry. These can be warmed up prior to placing over patient's heads. The patients love it!

☐ Patient/family advisors of the PFAC

☒ Department, committee, or unit that requested PFAC input

26b. What were the three greatest accomplishments/impacts of the PFAC related to influencing the institution's financial and programmatic decisions?

Accomplishment/Impact

Idea came from (choose one)

Accomplishment/Impact 1:

Director of Rehabilitation Therapies spoke to Council about a recently implemented LSVT (Lee Silverman Voice Treatment) Program which is voice therapy for patients with Parkinson's disease. Two of our therapists have been certified with good outcomes. Adult Day Health Care provide this service for their participants.

☐ Patient/family advisors of the PFAC

☒ Department, committee, or unit that requested PFAC input

Accomplishment/Impact 2:

The Director of Rehabilitation Therapies and the Director of Adult Day Health Care addressed the Council with a new program at Adult Day Health Care (ADHC). Part of the regulations for the ADHC program is to arrange or coordinate rehabilitation services. Patients, of course, can always go wherever they like for rehabilitation. However, recognizing that the ADHC participant caregivers are very busy, and may find it difficult to take the participant to therapy, an option was created. After obtaining the doctor orders, the participant can now receive initial therapy evaluations at the hospital (outpatient department) and treatments at the ADHC center. This way the families do not have to take the participant to another appointment, they have their physical therapy while at ADHC. This is unique. The Therapies and ADHC departments join in an important step in helping patients to stay in the community.

Going forward other areas such as fall risk assessment, basic daily activities, even OT and Speech will be considered to include and strengthen the program at ADHC.

- ☐ Patient/family advisors of the PFAC
☒ Department, committee, or unit that requested PFAC input

Accomplishment/Impact 3:

- ☐ Patient/family advisors of the PFAC
☐ Department, committee, or unit that requested PFAC input

26c. What were the three greatest accomplishments/impacts of the PFAC related leading/co-leading programs and initiatives? **None currently**

Accomplishment/Impact**Idea came from (choose one)****Accomplishment/Impact 1:**

- ☐ Patient/family advisors of the PFAC
☐ Department, committee, or unit that requested PFAC input

Accomplishment/Impact 2:	<input type="checkbox"/> Patient/family advisors of the PFAC <input type="checkbox"/> Department, committee, or unit that requested PFAC input
Accomplishment/Impact 3:	<input type="checkbox"/> Patient/family advisors of the PFAC <input type="checkbox"/> Department, committee, or unit that requested PFAC input

27. The five greatest challenges the PFAC had in FY 2023:

Challenge 1: Meeting virtually since COVID-19

Challenge 2: Recruitment of new members on a continual basis so that we may adhere to PFAC term limits

Challenge 3: Full attendance at quarterly meetings

Challenge 4: Inclusion of council members onto hospital committees

Challenge 5:

☐ N/A – we did not encounter any challenges in FY 2023

28. The PFAC members serve on the following hospital-wide committees, projects, task forces, work groups, or Board committees:

- ☐ Behavioral Health/Substance Use
- ☐ Bereavement
- ☐ Board of Directors
- ☐ Care Transitions
- ☐ Code of Conduct
- ☐ Community Benefits
- ☐ Critical Care
- ☐ Culturally Competent Care
- ☐ Discharge Delays
- ☐ Diversity & Inclusion
- ☐ Drug Shortage
- ☐ Eliminating Preventable Harm
- ☐ Emergency Department Patient/Family Experience Improvement
- ☐ Ethics
- ☐ Institutional Review Board (IRB)
- ☐ Lesbian, Gay, Bisexual, and Transgender (LGBT) – Sensitive Care
- ☐ Patient Care Assessment
- ☐ Patient Education
- ☒ Patient and Family Experience Improvement
- ☐ Pharmacy Discharge Script Program
- ☒ Quality and Safety
- ☐ Quality/Performance Improvement
- ☐ Surgical Home

- ☐ Other (Please describe):
- ☐ N/A – the PFAC members do not serve on these – **Skip to #30**

29. How do members on these hospital-wide committees or projects report back to the PFAC about their work? Important hospital updates are shared during meetings. Included would be the above committee updates.

30. The PFAC provided advice or recommendations to the hospital on the following areas mentioned in the Massachusetts law (check all that apply):

- ☐ Institutional Review Boards
- ☐ Patient and provider relationships
- ☒ Patient education on safety and quality matters
- ☒ Quality improvement initiatives
- ☐ N/A – the PFAC did not provide advice or recommendations to the hospital on these areas in FY 2022

31. PFAC members participated in the following activities mentioned in the Massachusetts law (check all that apply):

- ☐ Advisory boards/groups or panels
- ☐ Award committees
- ☐ Co-trainers for clinical and nonclinical staff, in-service programs, and health professional trainees
- ☐ Search committees and in the hiring of new staff
- ☐ Selection of reward and recognition programs
- ☒ Standing hospital committees that address quality
- ☐ Task forces
- ☐ N/A – the PFAC members did not participate in any of these activities

32. The hospital shared the following public hospital performance information with the PFAC (check all that apply):

32a. Complaints and serious events

- ☐ Complaints and investigations reported to Department of Public Health (DPH)
- ☐ Healthcare-Associated Infections (National Healthcare Safety Network)
- ☐ Patient complaints to hospital
- ☐ Serious Reportable Events reported to Department of Public Health (DPH)

32b. Quality of care

- ☐ High-risk surgeries (such as aortic valve replacement, pancreatic resection)
- ☐ Joint Commission Accreditation Quality Report (such as asthma care, immunization, stroke care)
- ☐ Medicare Hospital Compare (such as complications, readmissions, medical imaging)
- ☐ Maternity care (such as C-sections, high risk deliveries)

32c. Resource use, patient satisfaction, and other

- ☐ Inpatient care management (such as electronically ordering medicine, specially trained doctors for ICU patients)
- ☒ Patient experience/satisfaction scores (e.g. HCAHPS - Hospital Consumer Assessment of Healthcare Providers and Systems)
- ☐ Resource use (such as length of stay, readmissions)

☐ Other (Please describe):

☐ N/A – the hospital did not share performance information with the PFAC – **Skip to #35**

33. Please explain why the hospital shared only the data you checked in Q 32 above: We are a long-term acute care hospital (LTACH) with time constraints during PFAC meetings. Our focus is on Quality Safety initiatives that would improve the patient's experience and overall satisfaction.

34. Please describe how the PFAC was engaged in discussions around these data in #32 above and any resulting quality improvement initiatives:

1. Patient Satisfaction Scores are presented and discussed at every meeting.
2. The Council provided insight, feedback, and suggestions.

35. The PFAC participated in activities related to the following state or national quality of care initiatives (check all that apply):

35a. National Patient Safety Hospital Goals

- ☐ Identifying patient safety risks
- ☐ Identifying patients correctly
- ☐ Preventing infection
- ☐ Preventing mistakes in surgery
- ☐ Using medicines safely
- ☐ Using alarms safely

35b. Prevention and errors

- ☒ Care transitions (e.g., discharge planning, passports, care coordination, and follow up between care settings)
- ☐ Checklists
- ☐ Electronic Health Records –related errors
- ☐ Hand-washing initiatives
- ☐ Human Factors Engineering
- ☐ Fall prevention
- ☐ Team training
- ☐ Safety

35c. Decision-making and advanced planning

- ☐ End of life planning (e.g., hospice, palliative, advanced directives)
- ☐ Health care proxies
- ☐ Improving information for patients and families
- ☐ Informed decision making/informed consent

35d. Other quality initiatives

- ☐ Disclosure of harm and apology
- ☐ Integration of behavioral health care
- ☐ Rapid response teams
- ☐ Other (Please describe):
- ☐ N/A – the PFAC did not work in quality-of-care initiatives

36. Were any members of your PFAC engaged in advising on research studies?

- ☐ Yes
- ☒ No – Skip to #40 (Section 6)

37. In what ways are members of your PFAC engaged in advising on research studies? Are they:

- ☐ Educated about the types of research being conducted
- ☐ Involved in study planning and design
- ☐ Involved in conducting and implementing studies
- ☐ Involved in advising on plans to disseminate study findings and to ensure that findings are communicated in understandable, usable ways
- ☐ Involved in policy decisions about how hospital researchers engage with the PFAC (e.g. they work on a policy that says researchers have to include the PFAC in planning and design for every study)

38. How are members of your PFAC approached about advising on research studies?

- ☐ Researchers contact the PFAC
- ☐ Researchers contact individual members, who report back to the PFAC
- ☐ Other (Please describe below in #38a)
- ☐ None of our members are involved in research studies

38a. If other, describe:

39. About how many studies have your PFAC members advised on?

- ☐ 1 or 2
- ☐ 3-5
- ☐ More than 5
- ☐ None of our members are involved in research studies

Section 7: PFAC Annual Report

We strongly suggest that all PFAC members approve reports prior to submission.

40. The following individuals approved this report prior to submission (list name and indicate whether staff or patient/family advisor):

Barry Gold – Patient/Family Member
Susan Dowling – Hospital Staff

Al DeNapoli – Patient/Family Member
Denise Frierson – Patient/Family Member

41. Describe the process by which this PFAC report was completed and approved at your institution (choose the best option).

- ☒ Collaborative process: staff and PFAC members both wrote and/or edited the report
- ☐ Staff wrote report and PFAC members reviewed it
- ☐ Staff wrote report
- ☐ Other (Please describe):

Massachusetts law requires that each hospital's annual PFAC report be made available to the public upon request. Answer the following questions about the report:

42. We post the report online.

☒ Yes, link: <https://36eh4c5otxj1b3ekp2bd3fk1-wpengine.netdna-ssl.com/wp-content/uploads/2021/05/2020-New-England-Sinai-Hospital-PFAC-annual-report.pdf>

And

https://content.steward.org/sites/default/files/inline-files/2020%20pfac%20annual%20report.pdf?_ga=2.168369257.955841515.1631282508-303284806.1619187374

☐ No

43. We provide a phone number or e-mail address on our website to use for requesting the report.

☒ Yes, phone number/e-mail address: 781-297-1153 / Susan.Dowling@Steward.org

☐ No

44. Our hospital has a link on its website to a PFAC page.

☒ Yes, link: <https://www.newenglandsinai.org/about-us/patient-family-advisory-council>

☐ No, we don't have such a section on our website