

LUNCH
MONDAY 6/15/2020

SOUPS

Signature Minestrone Soup

 **Cal 15**

Contains milk, eggs, wheat, soy bean, gluten

Signature Italian Wedding Soup

Cal 100

Contains milk, eggs, wheat, soy bean, gluten

ENTREE

**Italian Sausage With Onion &
Peppers**

Grilled Sweet Italian Sausage with
Caramelized Tri-Color Peppers, Seasoned
with Oregano

Cal 310

Contains msg

Lemon Chicken Quarter

Chicken Quarters Marinated with Lemon Juice
and Fresh Herbs

Cal 240

SIDES

Polenta

Cornmeal simmered with pepper, salt and
parmesan cheese

 **Cal 80**

Contains milk

**Summer Squash Sauté With Red
Pepper**

Fresh yellow squash sautéed with red
peppers, garlic and fresh basil

 **Cal 60**

Blanched Fresh Broccoli

Fresh Broccoli Florets

 **Cal 10**

Mashed Potatoes

A classic. Steamed potatoes mashed with
milk and margarine

Cal 180

Contains milk, soy bean

LUNCH
TUESDAY 6/16/2020

SOUPS

**Roasted Red Pepper &
Smoked Gouda Bisque**

V Cal 420

Contains milk, wheat, soy bean, gluten

Chili Con Carne (12 Oz)

Cal 290

Contains soy bean

ENTREE

Hard Beef Tacos

Cal 210

Cilantro Chicken Tacos

Cal 180

SIDES

Guacamole

VG Cal 80

**Fried Tortilla Chips With
Guacamole**

V Cal 220

Contains soy bean

Cilantro Lime Rice

Cal 190

Contains soy bean

Vegetarian Black Beans

VG V Cal 50

Fire Roasted Tomato Salsa

VG Cal 45

Pico De Gallo

VG Cal 15

LUNCH

WEDNESDAY 6/17/2020

SOUPS

Reserve Creamy Broccoli & Cheddar Soup

 **Cal 250**

Contains milk

Reserve Loaded Baked Potato Soup

Cal 120

Contains milk

ENTREE

Bbq Beef Brisket, Sliced

Cal 200

Bbq Chicken Drumsticks

Cal 70

Contains mustard

SIDES

Corn And Green Onion Pudding

Savory and creamy egg custard with corn and green onions

 **Cal 260**

Contains milk, eggs, wheat, soy bean, gluten

Roasted Red Bliss Potatoes

 **Cal 120**

Steamed Broccoli & Cauliflower

Steamed Fresh Broccoli & Cauliflower

 **Cal 35**

French Green Beans & Carrot Medley

Sweet Julienne Carrots and Fresh Haricot Verts

 **Cal 30**

LUNCH

THURSDAY 6/18/2020

SOUPS

Thai Chicken & Rice Soup (mindful) 12 Oz

Chicken and Jasmine Rice Soup Enhanced with Thai Curry Paste and Finished with Coconut Milk, Cilantro and Lime

 **Cal 180**

Contains milk, fish, wheat, tree nuts, soy bean, gluten

Tomato Florentine Soup

A rich tomato broth loaded with tender pasta and spinach, a touch of Parmesan cheese and seasoned with basil and garlic.

Cal 110

Contains milk, eggs, wheat, gluten

ENTREE

Sweet And Sour Chicken

Crispy battered chicken stir-fried with pepper, onion and pineapple in a sweet and sour sauce

Cal 810

Contains wheat, soy bean, gluten

Roasted Hoisin Pork Loin

Pork Loin Marinated with a Garlic Ginger Rub and Hoisin Sauce, then Roasted

Cal 180

Contains wheat, soy bean, gluten

SIDES

Jasmine Rice

Jasmine scented rice steamed only with water, salt and scallions

  **Cal 210**

Sugar Snap Peas And Carrots

Sugar snap peas sautéed with fresh carrots

Cal 80

Contains milk, soy bean

LUNCH
FRIDAY 6/19/2020

SOUPS

Signature Chicken Tortilla Soup

Cal 190

Contains soy bean, gluten

Chicken Gumbo

Diced Chicken in a Tomato-Chicken Broth with Ham, Green Peppers, Okra and Rice

 **Cal 70**

Contains soy bean

ENTREE

Golden Fried Catfish

Deep-Fried Catfish Fillets Breaded with Garlic and Cajun Seasoned Cornmeal

Cal 280

Contains eggs, fish, wheat, gluten

Spaghetti And Meatballs

Three baked ground beef and turkey meatballs served over spaghetti with classic marinara sauce, and garlic breadstick

Cal 1020

Contains milk, wheat, soy bean, gluten

SIDES

Corn On The Cob

Steamed sweet corn on the cob seasoned with salt and margarine

 **Cal 90**

Contains milk, soy bean

Bayou Red Beans And Rice

Red Beans and White Rice Cooked in Chicken Broth with Cajun Seasoning and Andouille Sausage

Cal 140

Contains soy bean