

## Classes & Tour Information

We are committed to helping our new and growing families prepare for the exciting experiences ahead.

For an up-to-date listing of classes taught by our experienced team, such as childbirth education, breastfeeding 101 (before the baby comes) and weekly breastfeeding support groups, please [visit our Eventbrite page](http://stelizabethsmc.eventbrite.com) (<http://stelizabethsmc.eventbrite.com>).

For additional class options, please go to [www.nurturebynaps.com](http://www.nurturebynaps.com)



**BEFORE,  
DURING  
& AFTER.**

We are committed to supporting you through every stage of your maternity care.

### Maternity Services

St. Elizabeth's Medical Center is committed to new and growing families by providing exceptional and personalized medical care and education for you and your newborn through every step of the delivery process.

**View our list of our virtual classes and sign up today!**



SCAN ME

736 Cambridge Street  
St. Margaret's Building  
Brighton, MA 02135  
[semc.org/maternity](http://semc.org/maternity)

**St. Elizabeth's Medical Center**  
A STEWARD FAMILY HOSPITAL



### St. Elizabeth's Medical Center Maternity Tour:

Join us on a virtual tour of our maternity facility! In this video, you will see:

- Where to go in the hospital when you arrive for delivery
- A tour of our labor & delivery floor, including an in-depth look at our private rooms
- Our post-natal unit, including an overview of our post-natal services and a look at our private rooms

[Click here for our virtual tour](#)