

Steward

THE STEWARD CENTER FOR WEIGHT CONTROL AT MORTON HOSPITAL

JOHN ADAMS MEDICAL CENTER
100 INDUSTRIAL PARK ROAD, TAUNTON

Conveniently located in the Myles Standish Industrial Park, off of Bay Street and Route 495.

For your convenience, we also offer patient appointments at our secondary office in the Thayer Building at Morton Hospital.



Compassionate Care, Supportive Environment

Studies show that people who are most successful at weight loss - and weight maintenance - rely on a multidisciplinary team of medical professionals for support and advice. Our experienced doctors, nurses and dietitians work together to coordinate your care and design an individualized program to help you achieve the best possible results, providing personalized coaching and support throughout your journey.



Believe there is a way to win in the struggle with your weight.

The Steward Center for Weight Control at Morton Hospital

Appointments: 774-409-7803

mortonhospital.org/weightlosssurgery

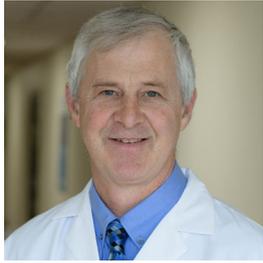
Steward

Our Team



Dr. Nicole Pecquex
Bariatric Surgeon

Medical School: Tufts University
Residency: St. Elizabeth's Medical Center
Fellowship: University of Massachusetts Medical Center



Dr. Bruce Bodner
General & Bariatric Surgeon

Medical School: Univ. of Medicine & Dentistry of New Jersey
Residency: Mount Sinai Medical Center



Dr. S. Paul Kajencki
Primary Care Representative

Medical School: Jefferson Medical College
Residency: The Medical Center of Delaware



Peggy Pochay, RD, CDE
Registered Dietitian & Certified Diabetes Educator

Peggy works closely with every weight loss surgery patient in personalizing nutrition plans prior to and following surgery.

Successful Weight Loss with Bariatric Surgery

Being overweight can pose serious health risks like heart disease and diabetes - and also impact your ability to live an active and healthy lifestyle. For people who've struggled with their weight and have been unable to maintain long-term weight loss, bariatric surgery may be the most effective means to lose weight and keep it off.

Morton Hospital offers Sleeve Gastrectomy surgery:

Laparoscopic Sleeve Gastrectomy, also known as sleeve gastrectomy, is one of the more recent forms of weight loss surgery. Gastric sleeve surgery is a non-reversible procedure

The Steward Center for Weight Control at Morton Hospital

Steward

To learn if you are a candidate for weight loss surgery, visit mortonhospital.org/weightlosssurgery to access our free BMI calculator.

when approximately 75-85 percent of the stomach is removed. The stomach then takes on a tube shape or as the name suggests a sleeve. Surgery is performed laparoscopically and only requires a few small incisions, which leads to a safer and quicker recovery.

Key benefits of gastric sleeve surgery include:

- Typically more rapid weight loss within the first year
- Does not "bypass" the small intestine, so all nutrients are absorbed
- Does not require adjustments or an implanted device

Getting Started

Body Mass Index (BMI)

Most insurers require a BMI of 40 or above, or between 35 and 40 with a weight-related health condition such as high blood pressure, diabetes or sleep apnea.

Insurance

Most major insurance plans are accepted, including: Blue Cross, Harvard Pilgrim, Tufts, BMC HealthNet, Network Health and Neighborhood Health, among others. Check with your insurer to confirm that your plan covers weight loss surgery, and if so, whether there are any particular requirements.

Referrals

Discuss weight loss surgery options with your primary care physician and obtain a referral if your insurance plan requires one.

Ongoing Support

Patients are encouraged to attend a support group with information specific to life before and after surgery.

Pre-Surgical Info Sessions: 2nd Wednesday of Every Month, 6 PM - 7 PM at Morton Hospital

Post-Surgical Support Groups: 1st Wednesday of Every Month, 5:45 PM - 7 PM at Morton Hospital