



Childbirth Education Registration Form

To register for any of Steward Holy Family Hospital's Childbirth Education classes in 2019 please send this completed registration form along with payment to:

Holy Family Hospital
Childbirth Education
 70 East Street
 Methuen, MA 01844

We recommend that you register by your sixth month. Registration and payment must be received prior to the start of classes. **Please complete ALL of the following information:**

First Name: _____ Last Name: _____

Address: _____ Apt. _____ City: _____ State: _____ Zip: _____

Telephone number (home or cell): _____ (work): _____

Obstetrician: _____

Email Address *(so we may confirm your registration)*: _____

Due date: _____

Please review the following pages for a list of our classes and the dates they are offered. Be sure to specify the class and the dates in the check-box areas provided.

Class	Please Specify Date(s)	Fee
<p>Seven-Week Childbirth Education Package</p> <p><i>Includes five 2-hour Lamaze classes and a Breastfeeding class</i></p> <p>Lamaze classes meet Thursday evenings from 6 to 8 p.m. Breastfeeding class meets on Wednesday evening for one 2-hour session.</p>	<p>Childbirth Class: February 7– March 14 May 2-June 6 August 7-September 19 November 7-December 12</p> <p>Breast Feeding (BF): Jan. 9 Feb. 6 March 13 April 10 May 15 June 12 July 10 August 15 Sept. 11 Oct 9 Nov. 6 Dec. 11</p>	<p>\$125 per couple</p>

Class	Please Specify Date(s)	Fee
<p>Saturday Lamaze Childbirth Education Package</p> <p><i>Includes a Lamaze class and a Breastfeeding class</i></p> <p>Lamaze class meets Saturday from 9 a.m. to 5 p.m. a one 8-hour session.</p> <p>Breastfeeding class meets on a Wednesday evening for one 2-hour session.</p>	<p>Lamaze- January 12 Make-up January 13 BF- January 9</p> <p>Lamaze- February 9 Make-up February 19 BF- February 6</p> <p>Lamaze – March 9 Make-up March 10 BF – March 13</p> <p>Lamaze – April 6 BF – April 10</p> <p>Lamaze – May 11 BF – May 15</p> <p>Lamaze – June 8 BF – June 12</p> <p>Lamaze-July 20 BF- July 10</p> <p>Lamaze-August 10 BF- August 7</p> <p>Lamaze-September 7 BF- September 11</p> <p>Lamaze-October 5 BF- October 9</p> <p>Lamaze- November 16 BF-November 17 Make-up- November 6</p> <p>Lamaze- December 14 Make-up-December 15 BF- December 11</p>	<p>\$125 per couple</p>
<p>Breastfeeding Class</p> <p>Our Breastfeeding class is a single two-hour session that meets on a Wednesday evening from 6-8 pm in the Holy Family Hospital Birthing Center Conference Room on the third floor. This class provides instruction and support in breastfeeding. Geared towards mothers who want to breastfeed and to those undecided, the class covers principles of breastfeeding, its benefits, weaning and the transition back to work.</p>	<p>January 9 February 6 March 13 April 10 May 15 June 12 July 10 August 7 September 11 October 9 November 6 December 11</p>	<p>\$25 per person</p>
<p>Refresher Class</p>	<p>Please call for dates 978-687-0156 ex 2271</p>	<p>\$40 per couple</p>
<p>Sibling Class</p>	<p>Please call for dates 978-687-0156 ex 2271</p>	<p>\$20 per child</p>

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Class	Please Specify Date(s)	Fee
Cesarean Birth Class	Please call for dates 978-687-0156 ex 2271	\$25 per couple
American Heart Association CPR for Family and Friends This class meets from 6:30 to 9:30 pm. Specific location provided upon registration. To insure the best possible learning environment, please do not bring children to the class.	January 7 March 11 May 13 July 8 September 9 November 4	\$40 per person

THANK YOU!

We will notify you by e-mail or mail to confirm your registration and inform you of what you need to bring to class.