



Childbirth Education Registration Form

To register for any of Steward Holy Family Hospital's Childbirth Education classes in 2020 please send this completed registration form along with payment to:

Holy Family Hospital
Childbirth Education
 70 East Street
 Methuen, MA 01844

We recommend that you register by your sixth month. Registration and payment must be received prior to the start of classes. **Please complete ALL of the following information:**

First Name: _____ Last Name: _____

Address: _____ Apt. _____ City: _____ State: _____ Zip: _____

Telephone number (home or cell): _____ (work): _____

Obstetrician: _____

Email Address *(so we may confirm your registration)*: _____

Due date: _____

Please review the following pages for a list of our classes and the dates they are offered. Be sure to specify the class and the dates in the check-box areas provided.

Class	Please Specify Date(s)	Fee
Saturday Lamaze Childbirth Education Package <i>Includes a Lamaze class and a Breastfeeding class</i> Lamaze class meets Saturday from 9 a.m. to 5 p.m. a one 8-hour session. This class is designed for busy couples who want basic facts about childbirth preparation in one day. Topics covered: *How your body prepares for birth and delivery *Birth and delivery *Hospital procedures *Medication choices *Coping skills *C/S	Lamaze- January 11 Make-up January 12 BF- January 15 No class in February Lamaze – March 7 Make-up March 8 BF – March 25 Lamaze – April 11 BF – March 25 Lamaze- May 2 BF-May 20	\$125 per couple

<p>*Postpartum *A hospital tour is included.</p> <p>Breastfeeding class meets on a Wednesday evening for one 2-hour session.</p>	<p>Lamaze – June 13 BF – May 20th or July 15</p> <p>No class in July</p> <p>Lamaze-August 1 BF- July 15</p> <p>Lamaze-September 12 BF- September 16</p> <p>Lamaze-October 10 BF- September 16</p> <p>Lamaze- November 14 Make-up-November 15 BF-November 18</p> <p>Lamaze- December 19 Make-up-December 20 BF- December 11/18</p>	
<p>Breastfeeding Class</p> <p>Our Breastfeeding class is a single two-hour session that meets on a Wednesday evening from 6-8 pm in the Holy Family Hospital Birthing Center Conference Room on the third floor. This class provides instruction and support in breastfeeding. Geared towards mothers who want to breastfeed and to those undecided, the class covers principles of breastfeeding, its benefits, weaning and the transition back to work.</p>	<p>January 15 March 25 May 20 July 15 September 16 November 18</p>	\$25 per person
<p>Refresher Class</p>	<p>Please call for dates 978-687-0156 ex 2271</p>	\$40 per couple
<p>Sibling Class</p>	<p>Please call for dates 978-687-0156 ex 2271</p>	\$20 per child

Class	Please Specify Date(s)	Fee
<p>Cesarean Birth Class</p>	<p>Please call for dates 978-687-0156 ex 2271</p>	\$25 per couple
<p>American Heart Association CPR for Family and Friends</p> <p>This class meets from 6:30 to 9:30 pm. Specific location provided upon registration. To insure the best possible learning environment, please do not bring children to the class.</p>	<p>January 13 March 23 May 18 July 13 September 14 November 16</p>	\$40 per person

THANK YOU!

We will notify you by e-mail or mail to confirm your registration and inform you of what you need to bring to class.