



American Heart Association.

You're the Cure

## Heart on the Hill – Media Advisory

### CONTACTS:

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### WHAT

Volunteers, survivors and community members will come together for Heart on the Hill at the Legislature to meet and talk with their legislators and take part in making Utah a heart-healthier and safer place to live. Legislators employees and volunteers will receive a heart-healthy lunch. Blood pressure screenings provided by Steward Health Care, are available for all attendees. Volunteers will have the chance to talk with their legislators about three important health issues — the Safe Routes to School program, SNAP healthy food incentive funding, and tobacco and prevention and control.

### WHEN

Friday, February 8, 2019, 11:30 a.m. to 1:30 p.m.

11:00 a.m. Issue training and review on how to talk with your legislators

12:00 p.m. Lunch, screenings and meeting with legislators

**(2:00 p.m. Safe Routes to School Bill HB208 to be heard in committee)**

<https://le.utah.gov/~2019/bills/static/HB0208.html>

### WHERE

Utah State Capitol Rotunda

### WHY

Cardiovascular diseases and stroke are the nation's and Utah's No. 1 and No. 5 killers (stroke is still No. 4 in Utah). They claim more than 840,000 American lives each year — 4,000 of which are Utah lives. For more than 30 years, the American Heart Association's You're the Cure Grassroots Advocacy Network has called upon volunteers to deliver lifesaving messages to their elected officials. Lawmakers respond to their constituents who speak up about issues affecting our communities. Together You're the Cure advocates have succeeded in creating smoke-free communities, placing Automated External Defibrillators (AEDs) in public places, securing funding for medical research and more through policy change. The

American Heart Association's legislative advocacy efforts move us closer to our goal of improving the cardiovascular health of all Americans by 20 percent, while reducing death from cardiovascular diseases and stroke by 20 percent by 2020. Visit [www.yourethecure.org](http://www.yourethecure.org) for more information.