

Hillside Rehabilitation Hospital

2021 OUTCOMES REPORT



Hillside Rehabilitation Hospital

A STEWARD FAMILY HOSPITAL



8747 Squires Lane NE, Warren, OH 44484 • (330) 841-3726 hillsiderehabhospital.org

About Hillside Rehabilitation Hospital



Hillside Rehabilitation Hospital, Steward Health Care's medical rehabilitation hospital located in Howland, is the Valley's first and largest freestanding hospital focused on comprehensive and experienced rehabilitative care.

Since 1963, the 69-bed hospital has provided both inpatient and outpatient rehabilitation and treatment to people with physical disabilities. The facility has grown and expanded over the years to help meet the healthcare needs of the communities it serves - serving over 1,000 patients every year.

A physician-directed interdisciplinary team works with each patient and his or her family to provide individualized rehabilitation treatment plans. The staff's expertise in developing these effective treatment plans and coordinating the right level of therapies and resources translates into optimal results, better outcomes, higher patient satisfaction scores, reduced lengths of stay and lower costs.

Hillside's patients also benefit from comprehensive specialized programs designed to get them back on their feet and experiencing life. Specialized programs are offered for brain injury, stroke, spinal cord injury, cardiac surgeries, orthopedics and amputation. Hillside has an outdoor sports rehabilitation area, three therapy areas for activities of daily living and features a 25,000 square foot therapy center known as Rehab Hall, which includes specialized equipment and technology.



**For more information
on our services, call
(330) 841-3726.**

Additionally, Hillside offers a wide-range of outpatient services including industrial rehabilitation, occupational therapy, physical therapy, spasticity evaluation and management, speech therapy and vocational rehabilitation.

Hillside has earned a reputation as a nationally known rehabilitation facility and is accredited by both The Joint Commission and the Commission on Accreditation of Rehabilitation Facilities (CARF). Hillside's CARF-accredited programs include: Inpatient Rehabilitation for adults, and Comprehensive Vocational Evaluation Services.

The Joint Commission focuses on safety and quality of care and CARF promotes the standards of care for rehabilitation programs and represents the highest quality, value and optimal outcomes for patients served.

This booklet compares Hillside's 2021 outcomes data to that of their regional competitors. The region includes all rehabilitation facilities in Ohio, Michigan, Indiana, Illinois, Wisconsin and Minnesota. We hope you find this information useful when choosing a facility for your patients.



SEE HOW HILLSIDE REHABILITATION HOSPITAL OUTCOMES COMPARE TO THAT OF THE REGION.

Stroke Outcomes

63% of our patients return home without going to a lower level healthcare facility *(i.e. skilled nursing facility)*

SEVERITY OF THE IMPAIRMENT AT ADMISSION	
Region 1.58	Hillside 1.71
TOTAL FUNCTIONAL IMPROVEMENT	
Region 31	Hillside 31

Hillside treats approximately 216 stroke patients per year in our inpatient program.

Hillside Rehabilitation Hospital has over 55 years of experience healing and rehabilitating stroke survivors. Our Stroke Program is led by a multidisciplinary team of specialized health professionals including Physiatrist, Therapists, Rehab RN's and Psychologists, each with advanced training in the medical management and therapeutic interventions for stroke treatment. Our patients are accepted at lower functional levels and with more complex medical needs compared to our regional competitors.

Traumatic Brain Injury Outcomes

55.6% of our patients return home without going to a lower level healthcare facility *(i.e. skilled nursing facility)*

SEVERITY OF THE IMPAIRMENT AT ADMISSION	
Region 1.37	Hillside 1.47
TOTAL FUNCTIONAL IMPROVEMENT	
Region 33.4	Hillside 36.8

Hillside treats approximately 30 traumatic brain injury patients per year. Hillside’s patients have a greater functional improvement than the regional average.

The Insight Group is a survivor and family education program dedicated to brain injury patients, their caregivers and families. This support group meets once a month at Hillside and provides a relaxed environment in which people can learn about brain injury and brain trauma, as well as share experiences. For more information, call (330) 841-3893.

Orthopedic Outcomes

70.1% of our patients return home without going to a lower level healthcare facility *(i.e. skilled nursing facility)*

SEVERITY OF IMPAIRMENT AT ADMISSION	
Region 1.28	Hillside 1.38

TOTAL FUNCTIONAL IMPROVEMENT	
Region 38.9	Hillside 38

Hillside treats over 185 orthopedic patients every year and has a fully licensed, professional staff of occupational therapists, physical therapists and rehab certified physicians who specialize in the care of orthopedic patients. Our goal is to return the patient, whether a trauma patient, individual after a joint replacement or a high level athlete, to their maximum functional level.

Joint Replacement Outcomes

Our patients have a greater functional improvement in the same amount of time as the regional average.

LENGTH OF STAY	
Region 11	Hillside 11
TOTAL FUNCTIONAL IMPROVEMENT	
Region 40.3	Hillside 41.5

Learn more about the award-winning Orthopedic Program at Trumbull Regional Medical Center, visit trumbullregional.org/ortho.

The Center for Joint Replacement at Trumbull Regional Medical Center was created to change the way patients and their families think about and experience hip and knee replacement surgery. Based on a national best-practice model for hip and knee replacements and structured around the fundamental principles of wellness, the program has a customer service focus and is aimed at giving patients the knowledge and tools to make the transition from hospital to home as smooth as possible.

Spinal Cord Injury Outcomes

77.8% of our patients return home without going to a lower level healthcare facility (*i.e. skilled nursing facility*)

SEVERITY OF THE IMPAIRMENT AT ADMISSION

Region
1.64

Hillside
1.69

TOTAL FUNCTIONAL IMPROVEMENT

Region
36.2

Hillside
33.4

Hillside treated patients with a higher severity of impairment and a higher number of discharges to home with an equal length of stay, compared to the regional average in 2021.

The Mahoning Valley Spinal Cord Injury Support Group meets once a month at Hillside. The focus of the group is to provide a safe environment to discuss issues, share resources and plan outings for survivors and their caregivers. Members of the group participate in Hillside's peer mentoring program. For more information, call (330) 841-3709.

Rehab Outcomes

66.7% of our patients return home without going to a lower level healthcare facility (*i.e. skilled nursing facility*)

SEVERITY OF THE IMPAIRMENT AT ADMISSION	
Region 1.42	Hillside 1.49
TOTAL FUNCTIONAL IMPROVEMENT	
Region 35.3	Hillside 34.7

In 2021, Hillside treated over 100 COVID-19 patients, many of which needed extensive therapy and rehabilitation after long-term hospital stays.

Since the measure of a quality rehabilitation program is its functional outcomes, Hillside utilizes a standardized scoring instrument called Quality Improvement (QI) to compare itself to other rehabilitation facilities across the nation. A higher QI score means the patient is completing functional tasks at a higher level of independence, which is the patient's Total Functional Improvement.

Did you know?

Where you choose to go for rehabilitation does make a difference in your recovery.

14.7 Days is the average length of stay for patients at Hillside Rehabilitation Hospital, compared to the regional average of 13.7 days and 29 days (skilled nursing home average stay).

Our stroke, traumatic brain injury, and spinal cord injury patients have a higher level of severity of impairment on admission to Hillside than the regional average and a higher level of function and independence at discharge, than the regional average.

Nearly 66.7% of our rehabilitation patients return to home without going to a lower level healthcare facility (skilled nursing facility).

These are just some of the reasons why Hillside Rehabilitation Hospital is the right choice for your rehabilitation needs.



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1450 S. Canfield-Niles Road
Austintown, OH 44515
330-884-2250
hillsiderehabhospital.org/outpatientrehab

Austintown Rehabilitation Services

Austintown Rehabilitation Services, A Service of Hillside Rehabilitation Hospital, offers a multitude of convenient and accessible outpatient therapy services all at one convenient location.

Services include:

- Adult and Pediatric Physical, Occupational and Speech Therapy
- Ergonomic Evaluations
- Functional Capacity Evaluations
- Industrial Rehabilitation
- Dry Needling
- Pre-employment Testing
- Sports Medicine
- Work Simulation and Conditioning



2598 Elm Road NE, Building D
Cortland, OH 44410
330-841-2000
hillsiderehabhospital.org/outpatientrehab

Elm Road Rehabilitation Services

Elm Road Rehabilitation Services, A Service of Hillside Rehabilitation Hospital, offers convenient and accessible outpatient physical therapy for teens and adults.

Services include:

- Pain Control Modalities
- Therapeutic Techniques
- Endurance and Strength Training
- Postural and Body Mechanics
- Manual Techniques
- Kinesio Taping
- Home Exercise Programs
- Dry Needling

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