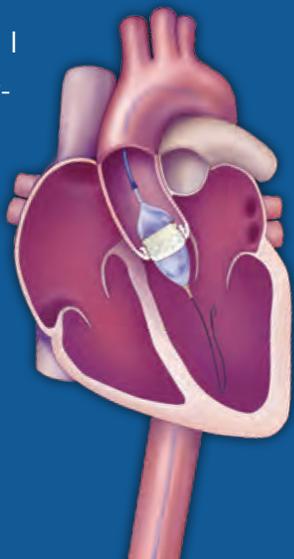


Questions to Ask Your Doctor...

- Am I a candidate for transcatheter aortic valve replacement (TAVR)?
- What tests do I need?
- How soon will I need treatment?
- What are the risks associated with not having my aortic valve replaced?
- How long will I be in the hospital for TAVR vs. open-heart surgery?
- What will the recovery be like for TAVR vs. open-heart surgery?
- What restrictions and/or medications, if any, would I be on after the procedure for TAVR vs. open-heart surgery?
- How frequently will I need to have follow-up visits for TAVR vs open-heart surgery?



FIND YOUR HEART SPECIALIST.

Become better informed, review your risks and talk with your doctor about heart disease. To find a doctor or specialist in your area, call our physician referral line at 800-488-5959.

If you or someone you know is experiencing a heart attack, call 9-1-1 right away. If you cannot call 9-1-1, have someone else drive you to the hospital immediately.

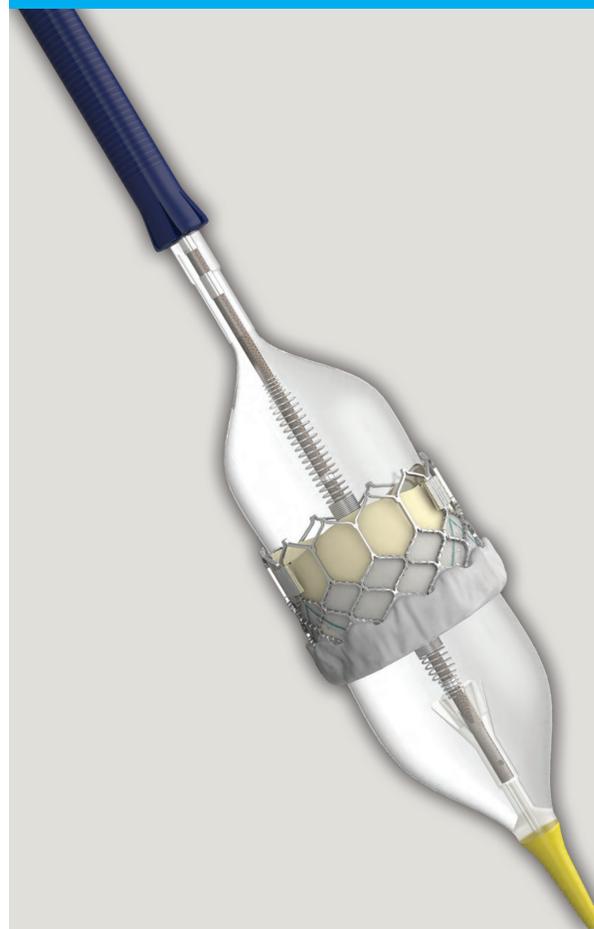
 **HEART AND VASCULAR INSTITUTE**
Rockledge Regional Medical Center

110 Longwood Avenue
Rockledge, FL 32955
321-637-2238

rockledgeregional.org

WHAT IS TAVR?

Transcatheter Aortic Valve Replacement



**Rockledge Regional
Medical Center**

A STEWARD FAMILY HOSPITAL

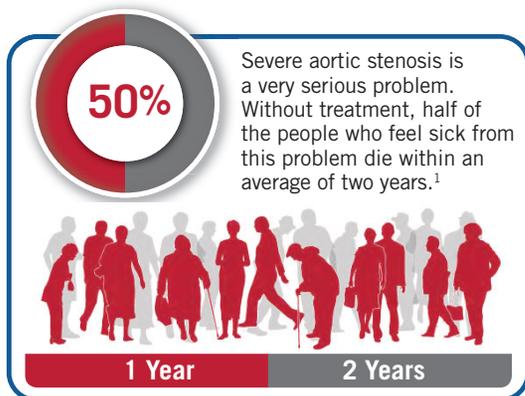


What is Aortic Stenosis?

Very simply, aortic stenosis is a build-up of calcium deposits on the valve, which causes it to narrow and reduce blood flow to the rest of your body. Aortic stenosis is a progressive disease which means it gets worse over time. If you have been diagnosed with aortic stenosis and are experiencing symptoms you may be a candidate for TAVR.

What are the Symptoms of Aortic Stenosis?

- Shortness of breath
- Fatigue
- Difficulty walking short distances
- Lightheadedness, dizziness, and fainting
- Swollen ankles and feet
- Rapid heartbeat
- Chest pain
- No longer taking part in physical activities you used to enjoy

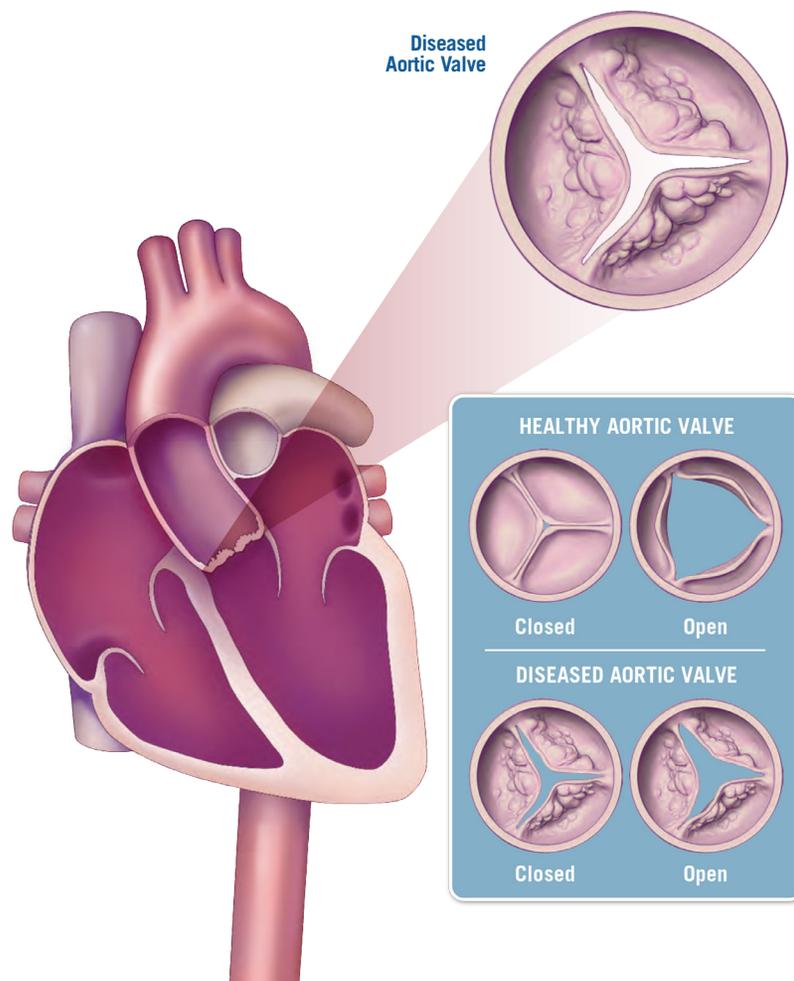


¹Otto CM. Timing of aortic valve surgery. Heart. 2000;84:211-21

What is TAVR?

Transcatheter Aortic Valve Replacement

TAVR is a less invasive procedure than open-heart surgery. It allows a new valve to be inserted within the native, diseased aortic valve. The TAVR procedure can be performed using one of many approaches, the most common being the transfemoral approach (through a small incision in the leg).



What are the Benefits of TAVR?

- Less invasive, with minimal scarring
- Shorter hospital stay
- Shorter recovery time to getting back to everyday activities
- Less pain and anxiety
- Improved quality of life
- Relief of symptoms

Our Team

Rockledge Regional medical staff has the desire to help others in their hearts and minds. Our caring team includes skilled, board certified physicians, experienced nurses, medical technicians, and support staff. At Rockledge Regional Medical Center, we provide exceptional healthcare and support through quality service to all.



When you choose Rockledge Regional Medical Center for your TAVR you are choosing world class care. For example, our Structural Heart Coordinator will guide you every step of the way from diagnosis, to testing, through surgery and well after you go home.