

## STANDING ADMISSION ORDERS ATRIAL FIBRILLATION

Admitting Physician: \_\_\_\_\_ Date: \_\_\_\_\_ Time: \_\_\_\_\_

Admit to Inpatient:  Med/Surg  Telemetry  CCU

Place in Observation Services:  Med/Surg  Telemetry

Diagnosis:  Atrial Fibrillation  Continuous  Paroxysmal  Other: \_\_\_\_\_

Condition:  Stable  Guarded  Critical  Good  Fair  Poor

Consult:  Cardiology: \_\_\_\_\_

Allergies:  Other: \_\_\_\_\_

Code Status:  Full  DNR

Vital Signs:  Per unit protocol  Every shift  every \_\_\_\_\_ hours

Other: \_\_\_\_\_

Activity:  Bed rest  Up in chair  Bedside commode  Ambulate ad lib  Bathroom privileges only

Nursing:  Daily weight  Intake & Output  Foley to drainage

Pulse oximeter  every shift  twice a day  Continuous overnight monitor

Compression Hose (TED)

Sequential Compression Device (SCD)

Glucose checks AC and every HS or every \_\_\_\_\_ hrs

Other: \_\_\_\_\_

Diet:  Regular  NPO  2 gm low sodium

Clear liquid  Full liquid  Cardiac  Carbohydrate Controlled

Other: \_\_\_\_\_

Fluids:  Intravenous: \_\_\_\_\_ @ \_\_\_\_\_ ml/hr

Saline lock

Other: \_\_\_\_\_

Oxygen:  Nasal Cannula \_\_\_\_\_ L/min, adjust to keep O2 sat greater than 92%. May DC if O2 sat greater than 93% on RA.

Vent Mask \_\_\_\_\_ % FIO2  100% NRB

Other: \_\_\_\_\_

Protocols (if available): All protocol orders must be in chart

Weight Based Heparin Dosing Protocol for UA/MI

Insulin Infusion Protocol (ICU Patients Only)

Labs:  Troponin (STAT, repeat 90 min, and 12 hours)  Cardiac Enzymes (every 6 hrs x 3)

BMP  CMP  BNP  CPK  Myoglobin  Magnesium  ABG

Fasting lipid profile  TSH  Free T4  UA  CBC

Digoxin level

Other Labs: \_\_\_\_\_

Studies: (If LVEF less than 40%, implement CHF Protocol)

CXray:  Portable  PA/Lateral

EKG

STAT EKG PRN with chest pain or palpitations


Echocardiogram Dr. \_\_\_\_\_ to read

24 hour Holter Monitor

Other: \_\_\_\_\_

NURSE NOTED	DATE	TIME	DATE / TIME	PHYSICIAN SIGNATURE OR AUTHENTICATION
24 HR. CHART CHECK BY NURSE	DATE	TIME		

 	Account Number:	MR Number:
Patient Name:		
Admit Date:		

 REGIONAL MEDICAL CENTER 503 Mcmillan Rd. - West Monroe, LA 71291	DOB	Age	Sex	HT	WT	RM-BD	PT	SVC	FC	
	Allergies:									
	Attending Physician Name:									

**Medications: (Check the appropriate box)**

**Antiarrhythmic**

- Diltiazem (Cardizem) 0.25 mg/kg loading dose (max 20 mg) IV over 5 minutes, then start drip at 10 mg/hr  
If patient older than 65 years or actual body weight less than 60 kg., reduce loading dose to 15 mg and start drip at 5 mg/hr.
- Diltiazem CD (Cardizem CD)  120 mg  180 mg  240 mg  300 mg PO daily
- Metoprolol (Lopressor)  50 mg PO twice daily  100 mg PO, twice a day
- Metoprolol XL (Toprol XL)  50 mg PO daily  100 mg PO daily  200 mg PO, every day
- Digoxin (Lanoxin) 0.5 mg IV bolus, followed by 0.25 mg in 6 hrs and 12 hrs. Then  0.125 mg  0.25 mg PO daily.
- Amiodarone (Cordarone) 150 mg IV over 10 minutes, then 1 mg per minute IV for 6 hours then 0.5mg per minute IV for 18 hours
- Procainamide (Procan, Procanbid) 15 mg/kg IV loading dose at 20 mg per minutes, then  2 mg  3 mg  4 mg per minute.
- Procainamide (Procan, Procanbid) 500 mg PO every 2 hours x 2 doses, followed by \_\_\_\_\_ mg PO every 12 hours.
- Propafenone (Rythmol)  150 mg PO  225 mg PO  300 mg PO, every 8 hours
- Ibutilide (Convert): more than 60 kg, infuse 1 mg over 10 minutes, repeat if not converted  
less than 60 kg, infuse 0.01 mg/kg over 10 minutes, repeat if not converted.
- Esmolol (Brevibloc) 500 micrograms/kg bolus infused over 1 minute, followed by 50 micrograms/kg per minute maintenance infusion

**Anticoagulant**

- Enoxaparin (Lovenox) 1 mg/kg subcutaneous every 12 hours
- Warfarin (Coumadin) \_\_\_\_\_ mg PO daily. PT/INR daily while on Warfarin

**Pain**

- Percocet 5/325 mg PO every 4 hrs PRN for moderate pain
- Morphine Sulfate 2 mg IV every 4 hrs PRN severe pain (unless patient is allergic to codeine or morphine)
- Lorazepam (Ativan)  0.5 mg PO every 6 hrs PRN  1 mg PO PRN every 6 hrs as needed for mild to moderate anxiety
- Famotidine (Pepcid) 20 mg PO twice daily or  IV twice daily (unable to tolerate PO)
- Nicotine \_\_\_\_\_ mg topical patch apply daily
- Temazepam (Restoril) 15 mg PO at bedtime PRN sleep. May repeat dose once in one hour if no results
- Ondansetron (Zofran) 4 mg IV every 8 hrs PRN for nausea vomiting  
If Ondansetron ineffective, the Prochlorperazine (Compazine) 5 mg IV every 6 hours PRN

**Standard Medication: (all orders below will be implemented unless crossed out)**

- Acetaminophen (Tylenol) 650 mg PO every 4 hr PRN mild pain or temp more than 101F (not to exceed 4 grams per 24 hours)
- Docusate sodium (Colace) 100 mg PO qHS
- MOM 30 ml PO every 6 hours PRN constipation
- Maalox 30 ml PO every 6 hours PRN heartburn

**Additional Meds:**

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

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