



Admission Standard Orders Hypertension/Hypertensive Crisis

Admitting Physician: _____ Date: _____ Time: _____

Admit to Inpatient: [] Med/Surg [] Telemetry [] ICU
 Place in Observation Services: [] Med/Surg [] Telemetry [] Other _____
 Diagnosis: [] Essential Hypertension Uncontrolled [] Hypertension Urgency [] Hypertensive Crisis [] Other: _____
 Condition: [] Stable [] Guarded [] Critical [] Good [] Fair [] Poor
 Consult: [] Cardiology: _____ [] Nephrology: _____

Allergies: [] Other: _____
 Code Status: [] Full [] DNR (see DNR orders)

Vital Signs: [] Per unit protocol
 [] Every _____ minutes until Blood Pressure less than _____, then every _____ hours [] every _____ hrs
 [] Call for SBP greater than _____ SBP less than _____ DBP greater than _____ DBP less than _____
 [] Other: _____

Activity: [] Bed rest [] Up in chair [] Bedside commode [] Ambulate ad lib [] Bathroom privileges

Nursing: [] Daily weight [] Intake & Output
 [] Sequential Compression Device (SCD)
 [] Foley to drainage
 [] Pulse oximeter [] every shift [] twice a day [] Continuous monitor
 [] Glucose checks AC and qHS or every _____ hrs
 [] Other: _____

Diet: [] NPO [] 2 gm low sodium
 [] Clear liquid [] Full liquid [] Cardiac [] Carbohydrate Controlled
 [] Other: _____

Fluids: [] Intravenous: _____ @ _____ ml/hr
 [] Saline lock
 [] Other: _____

Oxygen: [] Nasal Cannula _____ L/min, adjust to keep O2 sat greater than 92%. DC if O2 sat greater than 93% on RA
 [] Venti Mask _____ % FIO2 [] 100% NRB
 [] Other: _____

Protocols (if available): All protocol orders must be in chart
 [] Insulin Infusion Protocol (ICU Patients Only)

Labs: [] Troponin (STAT repeat 90 minutes and 12 hours)
 [] BMP [] CMP [] BNP [] CPK [] Myoglobin [] Fasting lipid profile
 [] TSH [] Free T4 [] UA [] Plasma Renin Activity [] Plasma Catecholamines
 [] CBC with differential () Now () In AM () Other _____
 [] CBC without differential () Now () In AM () Other _____
 [] 24 hr Urine for Metanephrines [] Urine Drug Screen [] Other Labs: _____

Studies: [] CXR: [] Portable [] PA/Lateral
 [] EKG
 [] STAT EKG PRN with chest pain or palpitations
 [] Echocardiogram Dr. _____ to read
 [] Other: _____

NURSE NOTED	DATE	TIME	DATE / TIME	PHYSICIAN SIGNATURE OR AUTHENTICATION
24 HR. CHART CHECK BY NURSE	DATE	TIME		

	Account Number:	MR Number:
	Patient Name:	
	Admit Date:	

Davis Hospital AND MEDICAL CENTER 1600 West Antelope Drive - Layton, UT 84041 (801) 807-1000	DOB	Age	Sex	HT	WT	RM-BD	PT	SVC	FC
	Allergies:								
	Attending Physician Name:								

Medications: (Check the appropriate box)

- Nitroprusside sodium (Nipride 0.5 - 10 micrograms/kg/min) _____ microgram/kg per minute IV. Max. dose _____ micrograms/kg/min.
Titrate to blood pressure. Systolic _____, Diastolic _____
- Nitroglycerin (5-100 micrograms/min) _____ microgram IV bolus, then _____ micrograms/min. Max dose _____ micrograms/kg/min.
Titrate to blood pressure: Systolic _____, Diastolic _____
- Labetalol (Trandate, Normodyne) 20 mg IV bolus then:
 - Start: 40 mg boluses IV 60 mg boluses IV 80 mg boluses IV every 10 minutes (max total of 300 mg) OR:
 - Continuous IV infusion of 2 mg per minute
 Titrate to blood pressure: Systolic _____, Diastolic _____
- Enalapril (Vasotec) IV: 1.25 mg every 6 hrs 2.5 mg IV every 6 hrs 5mg IV every 6 hrs
- Clonidine (Catapres) Initial: 0.1 mg PO 0.2 mg PO followed by 0.1 mg per hour. PRN titrated to goal BP. Max dose 2 mg per 24 hrs.
Titrate to blood pressure: Systolic _____, Diastolic _____
- Hydrochlorothiazide (HCTZ, HydroDiuril) 12.5 mg PO daily 25 mg PO daily
- Maxide (HCTZ 50/triamterene 75 mg) 1 tab PO daily
- Lisinopril (Zestril, Prinivil) 2.5 PO daily 5 mg PO daily 10 mg PO daily 20 mg PO daily 40 mg PO daily
- Atenolol (Tenormin) Initial dose 50 mg PO, then: 25 mg PO daily 50 mg PO daily 100 mg PO daily
- Valsartan (Diovan): 80 mg PO daily 160 mg PO Daily
- Diltiazem CD (Cardizen CD) 120 mg PO daily 180 mg PO daily 240 mg PO daily
- Amlodipine (Norvasc) 2.5 mg PO daily 5 mg PO daily 10 mg PO daily
- Lorazepam (Ativan) 0.5 mg PO daily every 6 hrs 1 mg PO PRN every 6hrs as needed for anxiety
- Famotidine (Pepcid) 20 mg IV twice daily if NPO, otherwise 20 mg PO twice daily
- Pantoprazole (Protonix) 40mg IV once daily if NPO, otherwise Prilosec 20 mg PO daily
- Nicotine _____ mg topical patch apply daily
- Percocet 5/325 mg PO every 4 hrs PRN for moderate pain
- Vicoden one PO every 4 hrs PRN for moderate pain
- Morphine Sulfate 2 mg IV every 4 hrs PRN severe pain (unless patient is allergic to codeine or morphine)
- Temazepam (Restoril) 15 mg PO qHS PRN sleep. May repeat dose once in one hour if no results.
- Ondansetron (Zofran) 4 mg IV every 8 hrs PRN for nausea and vomiting



Standard Medications:

- Acetaminophen (Tylenol) 650 mg PO every 4 hr PRN mild pain (not to exceed 4 grams per 24 hours)
- Acetaminophen (Tylenol) 650 mg PO every 4 hr PRN temp more than 101F (not to exceed 4 grams per 24 hours)
- Docusate sodium (Colace) 100 mg PO qHS
- MOM 30 ml PO PRN constipation
- Maalox 30 ml PO PRN heartburn

Additional Meds:

- _____
- _____
- _____
- _____
- _____
- _____

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