

# I am a Saint Anne's Nurse

## My Story...

- **What do you find most rewarding about being a nurse?**

Our nursing profession is a tremendous combination of being a nurturing art and intriguing medical science. So many aspects of nursing are very rewarding, but for me, the greatest is to have the honor and privilege to care for people in some of their most difficult times, being able to help them through that, and then shown true gratitude by so many.

- **What do you feel you contribute to your patients?**

With 34 years as an RN, 27 of which have been in Oncology, I utilize my knowledge and experience acquired to treat my patients safely with understanding of their disease, chemotherapy treatment we provide and side effect management. I love what I do. I love my patients and families, and I love the great team of caregivers I am privileged to work with.

- **How do you try to create a great patient experience?**

I feel that I am a calm and patient person. I strive to present myself with confidence to my patients to put them at ease and allow them to feel less stress in their difficult situations. Patient teaching is critical to achieve safer outcomes and for patients and families to feel more confident throughout their treatment. When appropriate, humor can help people to relax, and I talk to them about their worries, their families and what they enjoy. Smiling, spending time to listen, and use of therapeutic touch are paramount. Providing for physical comfort

*(continued on reverse)*



**Susan Adams, BSN, RN, OCN**  
*Medical Oncology*  
*Hudner Oncology Center*

**Saint Anne's Hospital**

A STEWARD FAMILY HOSPITAL

Steward

# I am a Saint Anne's Nurse: **Susan Adams, BSN, RN, OCN**

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also plays an important role. We provide medication when needed, comfortable chairs, pillows, snacks, beverages, and, best of all, warm blankets.

- **Why did you choose to work at Saint Anne's Hospital?**

I chose Saint Anne's Hospital specifically for its well reputed Oncology program. I was fortunate to be at the right place at the right time when an additional position had just been approved for a nurse in the Hudner Oncology Center's Medical Oncology. I have worked at Saint Anne's more than 24 years as of November 2014, all of which has been in Hudner Medical Oncology.

- **What do you think the community should know about nursing at Saint Anne's?**

Nursing at the hospital embodies the legacy of compassion on which Saint Anne's Hospital was founded by the Dominican Sisters of the Presentation. A high level of specialty expertise and many years of service contribute to the quality of care here. We are fortunate to be able to offer that in our local community to complement the great services and technologies we have.

- **Why did you choose your specialty area of nursing? Why become certified in the area you chose?**

My spark of interest in oncology actually started with one particular patient I cared for during nursing school. When I sought my first position, I requested oncology and worked on an inpatient oncology unit for three years. When I came to Saint Anne's, I was thrilled to be given the opportunity to work in the outpatient oncology center. Oncology offers the opportunity for phenomenal caring relationships with patients and families, along with amazing science and medical advances that are ever-evolving. Our specialty certification in oncology presents professionalism, knowledge and confidence to those we care for and to our peers.