



Admission Standard Orders Hypertension/Hypertensive Crisis

Admitting Physician: _____ Date: _____ Time: _____

Admit to Inpatient: [] Med/Surg [] Telemetry [] ICU

Placed in Observation Services: [] Med/Surg [] Telemetry [] Other: _____

Diagnosis: [] Essential Hypertension Uncontrolled [] Hypertension Urgency [] Hypertensive Crisis [] Other: _____

Condition: [] Stable [] Guarded [] Critical [] Good [] Fair [] Poor

Consult: [] Cardiology: _____

[] Nephrology: _____ [] Other: _____

Allergies: []

Code Status: [] Full [] DNR

[] Per unit protocol

Vital Signs: [] Every _____ minutes until Blood Pressure less than _____, then every _____ hours [] every _____ hrs

[] Call for SBP greater than _____ SBP less than _____ DBP greater than _____ DBP less than _____

[] Other: _____

Activity: [] Bed rest [] Up in chair [] Bedside commode [] Ambulate ad lib [] Bathroom privileges only

Nursing: [] Daily weight [] Intake & Output

[] Sequential Compression Device (SCD)

[] Foley to drainage

[] Pulse oximeter [] every shift [] twice a day [] Continuous monitor

[] Glucose checks AC and qHS or every _____ hrs

[] Other: _____

Diet: [] Regular [] Mechanical soft [] Restrict fluid _____ [] Sodium restricted _____ mg

[] Cardiac/Heart Healthy [] Diabetic (specify) _____ calorie [] Renal/Kidney

[] NPO [] Clear Liquid [] Full Liquid [] Other: _____

Fluids: [] Intravenous: _____ @ _____ ml/hr

[] Saline lock

[] Other: _____

Oxygen: [] Nasal Cannula _____ L/min, adjust to keep O2 sat greater than 92%. DC if O2 sat greater than 93% on RA

[] Venti Mask _____ % FIO2 [] 100% NRB

[] Other: _____

Protocols (if available): All protocol orders must be in chart

[] Insulin Infusion Protocol (ICU Patients Only)

[] Troponin (STAT repeat 90 minutes and 12 hours)

Labs: [] BMP [] CMP [] BNP [] CPK [] Myoglobin [] Fasting lipid profile

[] TSH [] Free T4 [] UA [] CBC

[] Plasma Renin Activity [] Plasma Catecholamines

[] 24 hr Urine for Metanephrines

[] Urine Drug Screen

[] Other Labs: _____

Studies: [] CXR: [] Portable [] PA/Lateral

[] EKG

[] STAT EKG PRN with chest pain or palpitations

[] Echocardiogram Dr. _____ to read

[] Other: _____

NURSE NOTED	DATE	TIME	DATE / TIME	PHYSICIAN SIGNATURE OR AUTHENTICATION
24 HR. CHART CHECK BY NURSE	DATE	TIME		

	Account Number:	MR Number:
	Patient Name:	
	Admit Date:	

<p>Salt Lake Regional MEDICAL CENTER</p> <p>1050 East South Temple - Salt Lake City - Utah 84102 (801) 350-4111</p>	DOB	Age	Sex	HT	WT	RM-BD	PT	SVC	FC	
	Allergies:									
	Attending Physician Name:									

Medications: (Check the appropriate box)

- Nitroprusside sodium (Nipride 0.5 - 10 micrograms/kg/min) _____ microgram/kg per minute IV. Max. dose _____ micrograms/kg/min.
Titrate to blood pressure: Systolic _____ Diastolic _____
- Nitroglycerin (5 - 100 micrograms/min) _____ microgram IV Bolus, then _____ micrograms/min. Max. dose _____ micrograms/min.
Titrate to blood pressure: Systolic _____ Diastolic _____
- Labetalol (Trandate, Normodyne) 20 mg IV bolus, then:
- Start 40 mg boluses IV 60 mg boluses IV 80 mg boluses IV every 10 minutes (max total of 300 mg) OR
- Continuous IV infusion of 2 mg per minute
Titrate to blood pressure: Systolic _____ Diastolic _____
- Enalapril (Vasotec) IV 1.25 mg IV every 6 hrs 2.5 mg IV every 6 hrs 5 mg IV every 6 hrs
- Esmolol (Brevibloc) loading dose: 500 micrograms/kg IV over 1 minute, then 50 micrograms/kg per minute; titrate by 50 micrograms/kg per minute increments to a maximum of 200 micrograms/kg per minute
Titrate to blood pressure: Systolic _____ Diastolic _____
- Clonidine (Catapres) initial 0.1 mg PO 0.2 mg PO followed by 0.1 mg per hour. Max. dose 2 mg per 24 hrs.
Titrate to blood pressure: Systolic _____ Diastolic _____
- Hydrochlorothiazide (HCTZ, HydroDiuril) 12.5 mg PO daily 25 mg PO daily
- Maxide (HCTZ 50/triamterene 75 mg) 1 tab PO daily
- Lisinopril (Zestril, Prinivil) 2.5 mg PO daily 5 mg PO daily 10 mg PO daily 20 mg PO daily 40 mg PO daily.
- Atenolol (Tenormin) initial dose 50 mg PO, then 25 mg PO daily 50 mg PO daily 100 mg PO daily
- Valsartan (Diovan) 80 mg PO daily 160 mg PO daily
- Diltiazem CD (Cardizem CD) 120 mg PO daily 180 mg PO daily 240 mg PO daily
- Amlodipine (Norvasc) 2.5 mg PO daily 5 mg PO daily 10 mg PO daily
- Lorazepam (Ativan) 0.5 mg PO every 6hrs PRN 1 mg PO every 6hrs PRN as needed for anxiety
- Famotidine (Pepcid) 20 mg IV twice daily PO twice daily
- Pantoprazole (Protonix) 40mg IV once daily
- Nicotine _____mg topical patch apply daily
- Percocet 5/325 mg PO every 4 hrs PRN for moderate pain
- Morphine Sulfate 2 mg IV every 4 hr PRN severe pain (unless patient is allergic to codeine or morphine)
- Temazepam (Restoril) 15 mg PO qHS PRN sleep. May repeat dose once in one hour if no results.
- Ondansetron (Zofran) 4 mg IV every 8 hrs PRN for nausea and vomiting



Standard Medications: (all orders below will be implemented unless crossed out)


Acetaminophen (Tylenol) 650 mg PO every 4 hr PRN mild pain or temp more than 101F (not to exceed 4 grams per 24 hours)
 Docusate sodium (Colace) 100 mg PO qHS
 MOM 30 ml PO PRN constipation
 Maalox 30 ml PO PRN heartburn

Additional Meds:

- _____
- _____
- _____
- _____
- _____
- _____

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