

## Premium step therapy



Most medical conditions have multiple medication options. Although their clinical effectiveness may be similar, prices can vary widely. With the Step Therapy program, you get the treatment you need, usually at a lower cost.

### Here's how it works:



With this program, you need to try a Step 1 medication first, before a Step 2 medication may be covered. When you bring a prescription to the pharmacy, our system will automatically screen the medication for step therapy requirements. If your prior pharmacy claims show you have tried a Step 1 medication in the recent past, the Step 2 medication may be processed. If not, the pharmacist will contact your doctor for further explanation.

We encourage you to discuss your treatment and medication options with your doctor. If you have questions about the Step Therapy program, call the toll-free member phone number on your ID card.

## Step therapy medications

If you have a prescription for any of the following Step 2 medications, you will be required to first try a Step 1 medication(s) for benefit coverage.

Condition	Step 1	Step 2
<b>Anti-infectives</b>		
<b>Oral Brand Tetracyclines</b>	<p><b>Any one of the following generics:</b> doxycycline</p> <p><b>AND any one of the following preferred brands:</b> Doryx MPC</p>	<b>Acticlate, Adoxa, Doryx, Monodox, Targadox</b>
<b>Otic Agents</b>	ofloxacin	<b>Cetraxal, Ciprofloxacin</b>
<b>Cardiovascular</b>		
<b>Beta Blockers</b>	carvedilol	<b>Coreg CR</b>
<b>Calcium Channel Blockers</b>	<b>Any one of the following generics:</b> amlodipine, perindopril	<b>Prestalia</b>
<b>Renin-Angiotensin System Agents</b>	<b>Any one of the following generics:</b> amlodipine-benazepril, amlodipine-olmesartan, benazepril, benazepril-HCTZ, candesartan, candesartan-HCTZ, captopril, captopril-HCTZ, enalapril, enalapril-HCTZ, fosinopril, fosinopril-HCTZ, irbesartan, irbesartan-HCTZ, lisinopril, lisinopril-HCTZ, losartan, losartan-HCTZ, moexipril, moexipril-HCTZ, olmesartan-HCTZ, olmesartan-amlodipine-HCTZ, perindopril, quinapril, quinapril-HCTZ, ramipril, telmisartan, telmisartan-HCTZ, trandolapril, trandolapril-verapamil	<b>Edarbi, Edarbyclor, Tekturna, Tekturna HCT</b>
<b>Fibric Acid Derivatives</b>	<p><b>Any one of the following generics:</b> fenofibric cap, fenofibrate tab, fenofibrate micronized cap, fenofibric acid tab</p> <p><b>AND any one of the following preferred brands:</b> <b>Lipofen</b></p>	<b>Fenoglide, Fibricor, Lofibra, Triglide</b>

**Bold type = Brand-name drug**

Plain type = Generic drug

## Step therapy medications continued

Condition	Step 1	Step 2
<b>Antianginals</b>	<p><b>Any one of the following generics or preferred brands:</b>                      acebutolol, amlodipine, amlodipine-benazepril, amlodipine-telmisartan, amlodipine-valsartan, atenolol, bexatolol, bisoprolol, carvedilol, diltiazem, diltiazem ER, felodipine ER, isosorbide dinitrate ER, isosorbide mononitrate ER, isradipine, metoprolol, metoprolol ER, nadolol, nicardipine, nifedipine, nisoldipine SR, nitroglycerin ER, pindolol, propranolol, propranolol SR, timolol, trandolapril-verapamil, verapamil, verapamil ER</p> <p><b>Bystolic, Dilatrate SR, Inderal XL, Innopran XL</b></p>	<b>Ranexa</b>
<b>Central Nervous System</b>		
<b>ADHD Agents</b>	<p><b>Any two of the following generics or preferred brands:</b>                      amphetamine-dextroamphetamine IR or ER, dexamethylphenidate IR or ER, dextroamphetamine IR or SR, methylphenidate IR or ER,  <b>Vyvanse</b></p>	<p><b>Adderall XR<sup>#</sup>, Adzenys XR ODT<sup>#</sup>, Aptensio XR<sup>#</sup>, Concerta<sup>#</sup>, Dyanavel XR<sup>#</sup>, Daytrana<sup>#</sup>, Desoxyn<sup>#</sup>, Evekeo<sup>#</sup>, Focalin XR<sup>#</sup>, Kapvay, Metadate CD<sup>#</sup>, Methylin solution<sup>#</sup>, Methylin Chew<sup>#</sup>, Procentra<sup>#</sup>, Quillichew ER<sup>#</sup>, Quillivant<sup>#</sup>, Ritalin LA<sup>#</sup>, Zenedi<sup>#</sup></b></p>
<b>Analgesic Packs</b>	<p><b>Any one of the following generics:</b>                      ranitidine</p> <p><b>AND any one of the following generics:</b>                      diclofenac, diclofenac ER</p>	<b>DermacinRx Inflammatral Pak, Derma SilkRx</b>
	<p><b>Any one of the following generics:</b>                      lidocaine patches</p> <p><b>AND any one of the following generics:</b>                      diclofenac, diclofenac ER</p>	<b>DermacinRx Analgesic Combopak</b>
<b>Anticonvulsants*</b>	topiramate	<b>Trokendi XR</b>

**Bold type = Brand-name drug**

Plain type = Generic drug

### Step therapy medications continued

Condition	Step 1	Step 2
<b>Antidepressants*</b>	bupropion SR	<b>Aplenzin<sup>#</sup></b>
	<b>Any two of the following generics:</b> bupropion, citalopram, desvenlafaxine succinate ER, duloxetine, escitalopram, fluoxetine, mirtazapine, paroxetine, paroxetine ER, sertraline, venlafaxine, venlafaxine ER	<b>Trintellix<sup>#</sup>, Viibryd<sup>#</sup></b>
	<b>Any two of the following generics:</b> desvenlafaxine succinate ER, duloxetine, venlafaxine, venlafaxine ER	<b>Fetzima<sup>#</sup></b>
<b>Antipsychotics*</b>	<b>Any two of the following generics or preferred brands:</b> aripiprazole, olanzapine, quetiapine, risperidone  <b>Saphris, Seroquel XR</b>	<b>Fanapt<sup>#</sup>, Latuda<sup>#</sup>, Vraylar<sup>#</sup></b>
<b>Insomnia Agents</b>	<b>Any one of the following generics:</b> eszopiclone, temazepam, zaleplon, zolpidem, zolpidem CR	<b>Belsomra<sup>#</sup></b>
	<b>Any one of the following generics:</b> zolpidem, zolpidem CR	<b>Edluar<sup>#</sup>, Zolpimist<sup>#</sup></b>
<b>Migraine Agents</b>	<b>Any one of the following generics:</b> rizatriptan, sumatriptan, zolmitriptan	<b>Treximet<sup>#</sup>, Zecuity<sup>#</sup></b>
	<b>Any two of the following generics:</b> rizatriptan, sumatriptan, zolmitriptan	<b>Onxetra Xsail<sup>#</sup></b>
<b>Narcotic Analgesics</b>	<b>Any one of the following generics:</b> tramadol, tramadol-acetaminophen	<b>Tramadol ER<sup>#</sup></b>
<b>Neurologic Agents</b>	gabapentin	<b>Gralise<sup>#</sup></b>
	<b>Any one of the following generics or preferred brands:</b> amitriptyline, cyclobenzaprine, duloxetine  <b>Lyrica</b>	<b>Savella<sup>#</sup></b>

**Bold type = Brand-name drug**

Plain type = Generic drug

## Step therapy medications continued

Condition	Step 1	Step 2
<b>Non-Narcotic Analgesics</b>	<b>Any two of the following generics:</b> diclofenac, diclofenac CR, diflunisal, etodolac, fenoprofen, flurbiprofen, ibuprofen, indomethacin, ketoprofen, ketorolac, meclofenamate, meloxicam, nabumetone, naproxen, oxaprozin, piroxicam, sulindac, tolmetin	<b>Tivorbex</b>
<b>Opioid Antagonists</b>	<b>Narcan Nasal Spray</b>	<b>Evzio</b>
<b>Parkinson's Disease</b>	<b>Any one of the following generics:</b> carbidopa-levodopa, carbidopa-levodopa CR	<b>Rytary</b>
<b>Women's Health</b>	<b>Any one of the following generics:</b> esterified estrogens-methyltestosterone, estradiol, estradiol-norethindrone, estropipate, paroxetine, fluoxetine	<b>Brisdelle<sup>#</sup></b>
<b>Dermatology</b>		
<b>Miscellaneous</b>	triamcinolone cream 0.1%	<b>Dermawerx, DermacinRx Silapak, Derma SilkRx SDS Pak, Sanadermx, Sure Result Kit TAC Pak, Tri-Sila, Whytederm,</b>
<b>Rosacea</b>	<b>Soolantra</b>	<b>Finacea</b>
<b>Skin Cancer Agents</b>	<b>Any one of the following generics:</b> fluorouracil, imiquimod	<b>Picato, Tolak</b>
<b>Topical Immuno-modulators</b>	<b>Any one of the following generics:</b> alclometasone, amcinonide, betamethasone, clobetasol, clocortolone, desonide, desoximetasone, diflorasone, fluocinolone, fluocinonide, fluticasone, halobetasol, hydrocortisone, mometasone, prednicarbate, triamcinolone, pramoxine-HC, calcipotriene-betamethasone	<b>Elidel</b>

**Bold type = Brand-name drug**

Plain type = Generic drug

Step therapy medications continued

Condition	Step 1	Step 2
<b>Endocrinology</b>		
<b>Diabetic Agents</b>	<b>Any one of the following generics:</b> metformin, metformin ER glipizide-metformin, glyburide-metformin pioglitazone-metformin	<b>Actoplus Met XR</b>
	<b>Any one of the following generics:</b> glipizide-metformin, glyburide-metformin, metformin, metformin ER, pioglitazone-metformin	<b>Avandia, Cycloset</b>
<b>DPP4 Inhibitors</b>	<b>Any one of the following generics:</b> metformin, metformin ER, glipizide-metformin, glyburide-metformin, pioglitazone-metformin	<b>Janumet, Janumet XR, Januvia, Jentadueto, Jentadueto XR, Tradjenta</b>
<b>GLP-1 Agonists</b>	<b>Any one of the following generics:</b> metformin, metformin ER, glipizide-metformin, glyburide-metformin, pioglitazone-metformin	<b>Bydureon<sup>#</sup>, Byetta<sup>#</sup>, Trulicity<sup>#</sup>, Victoza<sup>#</sup></b>
	<b>Any one of the following generics:</b> <b>Bydureon<sup>†</sup>, Byetta<sup>†</sup>, Trulicity<sup>†</sup>, Victoza<sup>†</sup>, Lantus, or Toujeo</b>	<b>Soliqua<sup>#</sup></b>
<b>SGLT2 Inhibitors</b>	<b>Any one of the following generics:</b> metformin, metformin ER, glipizide-metformin, glyburide-metformin, pioglitazone-metformin	<b>Invokamet, Invokana, Invokamet XR, Jardiance, Synjardy, Synjardy XR</b>
	<b>Any one of the following preferred brands:</b> <b>Invokamet<sup>†</sup>, Invokamet XR<sup>†</sup>, Invokana<sup>†</sup></b>  <b>AND any one of the following preferred brands:</b> <b>Jardiance<sup>†</sup>, Synjardy<sup>†</sup>, Synjardy XR<sup>†</sup></b>	<b>Glyxambi</b>

**Bold type = Brand-name drug**

Plain type = Generic drug

## Step therapy medications continued

Condition	Step 1	Step 2
<b>Gastroenterology</b>		
<b>Constipation Agents</b>	<b>Any one of the following generics:</b> lactulose, polyethylene glycol	Amitiza <sup>#</sup> , Linzess <sup>#</sup>
<b>Proton Pump Inhibitors</b>	<b>Any two of the following generics or preferred brands:</b> esomeprazole, omeprazole, lansoprazole, pantoprazole <b>Dexilant</b>	Aciphex <sup>#</sup> , esomeprazole strontium <sup>#</sup> , First-Lansoprazole, First-Omeprazole, Prevacid <sup>#</sup> , Prilosec <sup>#</sup> , Protonix <sup>#</sup> , Zegerid <sup>#</sup>
<b>Ulcer Agent Kits</b>	<b>Any one of the following preferred brands:</b> Omeclamox-Pak, Pylera	Prevpac
<b>Miscellaneous</b>		
<b>Antigout Agents</b>	<b>Colcrys</b>	Mitigare, colchicine
	allopurinol	Uloric, Zurampic
<b>Ophthalmology</b>		
<b>Ophthalmic Antihistamines</b>	<b>Any one of the following generics or preferred brands:</b> azelastine <b>Pataday, Patanol</b>	Bepreve, Lastacft
<b>Ophthalmic Antiinflammatory Agents</b>	<b>Any one of the following generics:</b> diclofenac, flurbiprofen, ketorolac	Bromsite <sup>#</sup>
<b>Respiratory</b>		
<b>Leukotriene Modifiers</b>	<b>Any one of the following generics:</b> montelukast, zafirlukast	Zyflo, Zyflo CR
<b>Long-Acting Bronchodilators</b>	<b>Any two of the following preferred brands:</b> <b>Advair, Breo Ellipta, Serevent, Symbicort</b>	Arcapta <sup>#</sup> , Striverdi Respimat <sup>#</sup>
	<b>Both of the following preferred brands:</b> <b>Incruse Ellipta, Spiriva</b>	Seebri Neohaler <sup>#</sup>

**Bold type = Brand-name drug**

Plain type = Generic drug

Condition	Step 1	Step 2
<b>Long-Acting Bronchodilator Combinations</b>	<p><b>Any one of the following preferred brands:</b>  <b>Advair, Breo Ellipta, Serevent, Symbicort</b></p> <p><b>AND any one of the following preferred brands:</b>  <b>Spiriva</b></p>	<p><b>Bevespi Aerosphere<sup>#</sup>,  Utibron Neohaler<sup>#</sup></b></p>
<b>Urology</b>		
<b>BPH Agents</b>	<p><b>Any two of the following generics or preferred brands:</b>  alfuzosin, doxazosin, tamsulosin, terazosin</p> <p><b>Rapaflo</b></p>	<b>Cardura XL</b>

**Bold type = Brand-name drug**

Plain type = Generic drug

Step therapy requirements are effective as of July 1, 2017. The list of step therapy medications is subject to change without notice. Step therapy requirements may vary by benefit plan. Additional clinical programs, including quantity limits and prior authorization, may exist for the above medications which may affect your prescription drug coverage.

† These agents are also subject to additional step requirements as indicated in table.

# Quantity limits may also apply. Please refer to the Premium Quantity Limits document.

\* Applies to new starts only



optumrx.com

OptumRx specializes in the delivery, clinical management and affordability of prescription medications and consumer health products. We are an Optum® company — a leading provider of integrated health services. Learn more at [optum.com](http://optum.com).

All Optum trademarks and logos are owned by Optum, Inc. All other brand or product names are trademarks or registered marks of their respective owners.