



Surgical Repairs for Ventral/Incisional Hernias

Open Repair with Mesh

Some Ventral/Incisional hernias are best repaired with an “open” approach via an existing abdominal wall incision. Most Ventral/Incisional hernias require the use of mesh to keep the risk of a recurrence to a minimum by adding extra support. These procedures are typically performed under general anesthesia on an outpatient or short stay basis.

Laparoscopic Ventral/Incisional Hernia Repair

Many Ventral/Incisional hernias can be repaired using minimally invasive laparoscopic techniques and mesh. These procedures always require general anesthesia with a short hospital stay of 1 to 3 days depending on the complexity of the repair and the patient’s overall health. Although recovery and return to activity are similar to an “Open” repair, the risks of wound complications, including infections, are lessened with a “Laparoscopic Repair” when compared to an “Open” repair.

Abdominal Wall Reconstruction

Very large and recurrent incisional hernias sometimes require a more advanced abdominal wall repair. These are more complex and advanced repairs.

Your surgeon can discuss the surgical option that will be most effective for you after your consultation.