



Why You Should Have a Colonoscopy

Colorectal cancer is one of the most commonly diagnosed cancers in the U.S. and one of the most preventable.

You can avoid colon cancer simply by getting screened (having a colonoscopy) or tested. Regular colorectal cancer screening can, in many cases, prevent colorectal cancer altogether. This is because polyps, or growths, can be detected and removed before they have the chance to turn into cancer. Screening can also result in finding colorectal cancer early, when it is highly curable.

Are you at risk for colorectal cancer? Colorectal cancer can affect anyone – men and women alike – and your risk increases with age. Certain factors that increase the risk of developing the disease include: age – most people who develop colorectal cancer are over age 50; polyps (abnormal growths that protrude from the inner wall of the colon or rectum) – most polyps are noncancerous, but the majority of colorectal cancers develop in polyps; personal history of colorectal cancer – women who have had ovarian, uterine or breast cancer also have a higher risk; family history of colorectal cancer; ulcerative colitis or Crohn's disease; diet – eating a lot of red and processed meats and not many whole grains, fruits and vegetables may increase risk; sedentary lifestyle; and smoking.

The Olympus EVIS EXERA III Endoscopy System

The most sophisticated system in the region for earlier detection of digestive diseases and treatment.

We are among the first hospitals in the region to offer the Olympus EVIS EXERA III video endoscopy system to help with the detection of gastrointestinal diseases, such as colorectal cancer, at an earlier stage when treatments are most successful.

The revolutionary Olympus EVIS EXERA III uses a video processor, light source, endoscope and monitor, which enables our doctors to peer inside the body to diagnose, detect, and treat GI diseases and other conditions. The benefits of the Olympus EVIS EXERA III system include: enhanced image quality; improved patient comfort; and early detection.

World Class Gastroenterologists Providing High Quality Care

Nashoba's specialists are experts at diagnosing and treating many disorders of the gastrointestinal tract, liver, gallbladder, and pancreas.

The gastroenterology (GI) department at Nashoba Valley Medical Center concentrates on the diagnosis and management of the full spectrum of GI disorders through the use of state-of-the-art technologies.

A Full Spectrum of Clinical Gastroenterology Services

Nashoba's endoscopy lab offers a full range of clinical services.

Our gastroenterology services include:

- Colonoscopy with polyp removal
- Endoscopic procedures
- Diagnosis/management of inflammatory bowel disease
- Management of Hepatitis B, C, and other liver diseases
- Small bowel enteroscopy
- Placement of feeding tubes into stomach or small intestine
- Palliation of GI cancers by stents
- Gastroscopy



Gastroenterology Services

Offering the Most Sophisticated
Endoscopy System in the Region

Nashoba Valley Medical Center

A STEWARD FAMILY HOSPITAL



Steward