

The Center for Pain Management at Nashoba Valley Medical Center

Treatment Program Developed Specifically for You

At the Center for Pain Management, our team of physicians, physician assistants, nurse practitioners and nurses approach your care individually and objectively using the latest advances in pain medicine. We'll thoroughly evaluate the causes of your pain and develop a treatment plan that aims to maximize your personal potential and increase your functional capacity. Our goal is to improve your ability to return to the activities you have been missing.

Key Features

Some key features of the Center for Pain Management include:

- State-of-the-art fluoroscopic-guided spinal injections for diagnostic and therapeutic applications
- Comprehensive assessments and multidisciplinary team determination of treatments that focus on attaining positive long-term outcomes
- Medical management of pain and related medications
- Concurrent use of various treatment modalities such as interventional procedures, physical therapy, and psychological support that may hasten the healing process
- Opportunities for learning skills that minimize or prevent recurring pain
- Education on specific chronic pain syndromes and treatment plans
- Encouragement of the patient's active participation in the treatment plan, including family members when appropriate
- All treatment recommendations are provided in collaboration with your referring physician.

Treating a Wide Range of Conditions

The Center for Pain Management offers a wide variety of treatment for many diagnoses, including:

- Arthritis
- Cancer Pain
- Chronic Pain Syndrome
- Back, Neck and Extremity Pain
- Abdominal Pain
- Post-Surgical Chronic Pain
- Failed Back Syndrome
- Myofascial Syndromes
- Neuropathy, Nerve Injury
- Facet Syndrome
- Post-Herpetic Neuropathy
- Vertebral Compression Fracture
- Work-Related Injuries
- Herniated Discs
- Sciatica

Comprehensive Treatment Options

Some injuries or disorders may be improved with one or two treatment modalities. However, many require a multi-modal regimen that includes medical procedures and medications, coupled with psychological support and physical therapy, to alleviate pain and its consequences.

Available interventional treatments include:

- Epidural Steroid Injections
- Trigger Point Injections
- Medial Branch Blocks / Facet Joint Injections
- Selective Nerve Root Injections
- Peripheral Nerve Blocks
- Radiofrequency Lesioning
- Spinal Cord Stimulation
- Hydrodiscectomy
- Physical and Occupational Therapy

Medical Management of Medications

At the Center for Pain Management, our team will assist in managing your pain with medication. Working closely with the referring provider, our team will develop a pain medication plan that addresses the needs of each patient. The goal, whether used as a primary treatment or in conjunction with another treatment option, will be to reduce the intensity and frequency of the pain.

Referrals

New patients are seen with a physician referral only. To help us diagnose and treat, we must have relevant medical records, x-rays, MRI and test reports.

Insurance Coverage

The Center for Pain Management accepts most major health insurance plans.



If you are experiencing pain from any number of causes, we can help.