

Telephone Numbers

Physician: _____

Pharmacy: _____

Pioneer Valley Hospital: 964-3100

Radiology Scheduling: 964-3888

MEDICATION ALLERGIES

EXAMPLES OF OVER-THE-COUNTER (OTC) MEDICATIONS & SUPPLEMENTS

- Cough & cold medications
- Aspirin/other for pain/headache/fever
- Antacids
- Laxatives
- Sleeping pills
- Diet pills
- Vitamins & minerals
- Calcium supplements
- Herbal/Dietary Supplements
 - St. John's Wort
 - Ginkgo Biloba
 - Kava Kava

MEDICATION CHECKLIST

Here is how patients can help the "medication reconciliation" process.

- List all prescription medications, including dosage, with the name of prescribing physician and reason for taking drug.
- List any drugs you have a known allergy to and describe reaction.
- List immunization history.
- List all over-the-counter medications and herbal supplements or vitamins.
- Take the form to all doctor visits, medical testing labs and imaging exams, as well as pre-assessment visits for admission or surgery and all hospital visits including to the Emergency Room.
- When you leave the hospital, be sure to get an updated form with new medications and ask if any medications are duplicated.
- Keep a wallet-sized copy of your medication record with you at all times.

Patient Medication Record



MEDICATIONS

Please use pencil to complete this form.

Patient Name:

Start Date	Name of Medication	Prescribed by	Dosage	When is the Medication Taken	Purpose	Danger Signs *	Stop Date	Monitoring Required	Notes/Changes
mm/dd/yy	Brand & Generic name (if available) Be sure to include OTC meds & supplements		mg/units puffs/drops	How many times per day? Morning and/or night? After meals?		Call immediately if you experience any of these signs	mm/dd/yy	e.g. lab test every week	Patient – Have you experienced any side effects? If stopped taking, why? Doctor – Identify drugs and/or food that may cause interactions. Date list was reviewed/updated.
<i>Example 1/01/06</i>	<i>Medication ABC</i>	<i>Dr. Jones</i>	<i>5 mg</i>	<i>2 times, morning & night</i>	<i>ulcer</i>			<i>Blood test every 4 wks</i>	<i>6/15/06 – Reviewed by Dr. Jones, changed dosage to 10 mg</i>

* Always refer to physician and pharmacist input and the detailed drug sheer provide with each medication for potential side effects/danger signs/interactions. Whenever you see a doctor review and update this medication list. Following any hospitalization check, with your doctor to review this medication list.