

Jordan Valley MEDICAL CENTER

In Partnership With Physician Owners
3580 West 9000 South • West Jordan, UT 84088
801-561-8888

PRE-SURGERY INSTRUCTIONS

Please call the Pre-Operative nurse to review your personal health history @ 801-562-4203 ext. 4927.

YOUR SURGERY IS SCHEDULED FOR: Mon/Tue/Wed/Thur/Fri _____

- For your surgery time we will call you Monday through Friday starting at 3 p.m., one working day before your surgery.
- Ask your surgeon when you will be able to return to work.
- Bring a list of medications you are currently taking, including dosage and frequency. **DO NOT BRING YOUR MEDICATIONS** with you.
- If you have a history of medical problems such as: diabetes, asthma, lung problems, heart problems, aneurysms, seizures, liver problems, etc...you should notify your medical doctor prior to your upcoming surgery. Your doctor may need to evaluate you prior to surgery.

ONE WEEK BEFORE SURGERY

- Please call 562-4221 one week before your surgery to pre-register. Depending on your procedure, age, and health, preoperative lab work may be necessary.
- Do not take any medications that contain Aspirin unless you have a cardiac history. If this is the case, contact your surgeon with questions. You may take Tylenol.
- If you are taking Coumadin, Plavix, or Aspirin, consult with your surgeon about when or if you should stop taking it before your procedure.
- Notify the pre-admissions nurse at 801-562-4232 if you become ill or have a fever.
- Contact your insurance carrier and review your current benefits and provider network (you do have primary responsibility for your bills).
- Our Insurance Verification Department will contact you to review benefits and patients financial obligations.

48 HOURS BEFORE SURGERY

- Do not take anti-inflammatory medications such as Motrin, Ibuprofen, Advil, Voltaren, Etc.
- Please follow the specific instructions of your surgeon & the pre-admissions nurse regarding your medications.

ONE DAY BEFORE SURGERY

- After 12:00 midnight **DO NOT** eat or put any food, drink, water, gum, mints, cigarettes or chewing tobacco in your mouth.
- We will call you one day prior to your scheduled surgery to confirm your check-in time. If we have not called by 4 p.m., on this day, please call 801-562-4232 to get your surgery time.

THE DAY OF SURGERY

- Take a shower or bath. Do not wear make-up.
- Leave contact lenses at home or bring a case to store them in. You cannot wear them in surgery.
- Leave **ALL** jewelry at home.
- Bring your insurance card, picture I.D. and be prepared to pay your estimated upfront portion due.
- If you have any questions regarding your payment obligations please contact Amy Zdunich @ 562-3134 or Julie Jones @ 601-2359.
- You may have two people accompany you to the Surgery Center/Hospital. They will be asked to wait in the waiting area until you return from surgery. Please do not bring children.
- Arrange for a ride home. You **CANNOT** drive yourself home from the hospital. If you go home the same day someone must stay with you for 24 hours following your procedure.
- If your procedure requires an overnight stay you may wish to bring basic hygiene items, a robe, slippers, walking shoes.
- Wear or bring loose fitting clothes that can fit over a brace or bulky dressing.
- Report to the following **ADMITTING DEPARTMENT:**

Jordan Valley Medical Center - Outpatient Entrance/Admitting
3580 West 9000 South (SW entrance)

Surgery & Specialty Center/Admitting
3584 West 9000 South, Suite # 102

**PLEASE FEEL FREE TO CONTACT THE PRE-ADMISSIONS NURSE IF YOU HAVE ANY QUESTIONS
@ 801-562-4203 ext. 4927 or 801-562-4232.**