



**Jordan Valley Medical Center / Pioneer Valley Hospital (A Campus of JVMC) Standard Orders
Hypertension/Hypertensive Crisis**

Admitting Physician: _____ Date: _____ Time: _____

Admit to Inpatient: Med/Surg Telemetry ICU
 Place in Observation Services: Med/Surg Telemetry Other
 Diagnosis: Essential Hypertension Uncontrolled Hypertension Urgency Hypertensive Crisis Other: _____
 Condition: Stable Guarded Critical Good Fair Poor
 Consult: Cardiology: _____ Nephrology: _____
 Other: _____
 Allergies: _____

Code Status: Full DNR (see DNR orders)

Vital Signs: Per unit protocol
 Every _____ minutes until Blood Pressure less than _____, then every _____ hours every _____ hrs
 Call for SBP greater than _____ SBP less than _____ DBP greater than _____ DBP less than _____
 Other: _____

Activity: Bed rest Up in chair Bedside commode Ambulate ad lib Bathroom privileges

Nursing: Daily weight Intake & Output
 Sequential Compression Device (SCD)
 Foley to drainage
 Pulse oximeter every shift twice a day Continuous monitor
 Glucose checks AC and at bedtime or every _____ hrs
 Other: _____

Diet: NPO 2 gm low sodium
 Clear liquid Full liquid Cardiac Carbohydrate Controlled
 Other: _____

Fluids: Intravenous: _____ @ _____ ml/hr
 Saline lock
 Other: _____

Oxygen: Nasal Cannula _____ L/min, adjust to keep O2 sat greater than 90%. DC if O2 sat greater than 90% on RA
 Venti Mask _____ % FIO2 100% NRB
 Other: _____

Protocols (if available): All protocol orders must be in chart Insulin Infusion Protocol (ICU Patients Only)

Labs: Troponin (STAT repeat in 8 hrs)
 BMP CMP BNP CPK Myoglobin Fasting lipid profile
 TSH Free T4 UA Plasma Renin Activity Plasma Catecholamines
 CBC with differential () Now () In AM () Other _____
 CBC without differential () Now () In AM () Other _____
 24 hr Urine for Metanephrines Urine Drug Screen Other Labs: _____

Studies: CXR: Portable PA/Lateral
 EKG
 STAT EKG PRN with chest pain or palpitations
 Echocardiogram Dr. _____ to read
 Other: _____

NURSE NOTED	DATE	TIME	DATE / TIME	PHYSICIAN SIGNATURE OR AUTHENTICATION
24 HR. CHART CHECK BY NURSE	DATE	TIME		

 	Account Number:	MR Number:
	Patient Name:	
	Admit Date:	

Pioneer Valley HOSPITAL A CAMPUS OF JORDAN VALLEY MEDICAL CENTER	3460 S. Pioneer Prky. West Valley City Utah 84120 (801) 964-3100	DOB	Age	Sex	HT	WT	RM-BD	PT	SVC	FC
	Allergies:									
Attending Physician Name:										

Medications: (Check the appropriate box)

- Nitroprusside sodium (Nipride 0.5 - 10 micrograms/kg/min) _____ microgram/kg per minute IV. Max. dose _____ micrograms/kg/min.
Titrate to blood pressure. Systolic _____, Diastolic _____
- Nitroglycering (5-100 micrograms/min) _____ microgram IV bolus, then _____ micrograms/min. Max dose _____ micrograms/kg/min.
Titrate to blood pressure: Systolic _____, Diastolic _____
- Labetalol (Trandate, Normodyne) 20 mg IV bolus then:
 - Start: 40 mg boluses IV 60 mg boluses IV 80 mg boluses IV every 10 minutes (max total of 300 mg) OR:
 - Continuous IV infusion of 2 mg per minute
 Titrate to blood pressure: Systolic _____, Diastolic _____
- Enalapril (Vasotec) IV: 1.25 mg every 6 hrs 2.5 mg IV every 6 hrs 5mg IV every 6 hrs
- Esmolol (Brevibloc) loading dose: 500 micrograms/kg IV over 1 minute, then 50 micrograms/kg per minute for 4 min;
Titrate by 50 micrograms/kg per 5 minute increments to a maximum of 300 micrograms/kg per minute
Titrate to blood pressure: Systolic _____, Diastolic _____
- Clonidine (Catapres) Initial: 0.1 mg PO 0.2 mg PO followed by 0.1 mg per hour. PRN titrated to goal BP. Max dose 2 mg per 24 hrs.
Titrate to blood pressure: Systolic _____, Diastolic _____
- Hydrochlorothiazide (HCTZ, HydroDiuril) 12.5 mg PO daily 25 mg PO daily
- Maxide (HCTZ 50/triamterene 75 mg) 1 tab PO daily
- Lisinopril (Zestril, Prinivil) 2.5 PO daily 5 mg PO daily 10 mg PO daily 20 mg PO daily 40 mg PO daily
- Atenolol (Tenormin) Initial dose 50 mg PO, then: 25 mg PO daily 50 mg PO daily 100 mg PO daily
- Valsartan (Diovan): 80 mg PO daily 160 mg PO Daily
- Diltiazem CD (Cardizen CD) 120 mg PO daily 180 mg PO daily 240 mg PO daily
- Amlodipine (Norvasc) 2.5 mg PO daily 5 mg PO daily 10 mg PO daily
- Lorazepam (Ativan) 0.5 mg PO daily every 6 hrs 1 mg PO PRN every 6hrs as needed for anxiety
- Famotidine (Pepcid) 20 mg IV twice daily PO twice daily
- Pantoprazole (Protonix) 40mg IV once daily PO once daily
- Nicotine _____ mg topical patch apply daily
- Percocet 5/325 mg PO every 4 hrs PRN for moderate pain
- Vicoden ES PO every 4 hrs PRN for moderate pain
- Morphine Sulfate 2 mg IV every 4 hrs PRN severe pain (unless patient is allergic to codeine or morphine)
- Temazepam (Restoril) 15 mg PO qHS PRN sleep. May repeat dose once in one hour if no results.
- Ondansetron (Zofran) 4 mg IV every 24 hrs PRN for nausea and vomiting



Standard Medications: (all orders below will be implemented unless crossed out)

- Acetaminophen (Tylenol) 650 mg PO every 4 hr PRN mild pain (not to exceed 4 grams per 24 hours)
- Acetaminophen (Tylenol) 650 mg PO every 4 hr PRN temp more than 101F (not to exceed 4 grams per 24 hours)
- Docusate sodium (Colace) 100 mg PO qHS
- MOM 30 ml PO PRN constipation
- Maalox 30 ml PO PRN heartburn

Additional Meds:

- _____
- _____
- _____
- _____
- _____
- _____

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