

Jordan Valley Medical Center and Pioneer Valley Hospital (A Campus of JVMC) Standard Orders Acute Coronary Syndrome (AMI/Chest Pain)

Admitting Physician: _____ Date: _____ Time: _____

Admit to Inpatient: Med/Surg Telemetry ICU
Place in Observation Services: Med/Surg Telemetry Other _____
Diagnosis: Acute Coronary Syndrome Chest Pain Acute MI Other: _____
Condition: Stable Guarded Critical Good Fair Poor
Consult: Cardiology: _____
 Cardiology Surgery: _____
Allergies: Other: _____

Code Status: Full DNR (see DNR order)

Vital Signs: Per unit protocol Every shift every _____ hours
 Other: _____

Activity: Bed rest Up in chair Bedside commode Ambulate ad lib Bathroom privileges

Nursing: Daily weight Intake & Output Foley to drainage Sequential Compression Device (SCD)
 Pulse oximeter every shift twice a day Continuous monitoring
 Glucose checks AC and at bedtime or every _____ hours
 Other: _____

Diet: NPO 2 gm low sodium
 Clear liquid Full liquid Cardiac Carbohydrate Controlled _____ calories
 No caffeine or temperature extremes
 Other: _____

Fluids: Intravenous: _____ @ _____ ml/hr
 Saline lock Other: _____

Oxygen: Nasal Cannula _____ L/min, adjust to keep O2 sat greater than 90%.
 Venti Mask _____ % FIO2 100% NRB
 Other: _____


Labs: LDLc within 24 hours of hospital arrival Troponin (STAT repeat in 8 hours) CPK Myoglobin
 Fibrinogen BMP CMP BNP Magnesium Stool guaiac High Sensitivity C-Reactive Protein
 Fasting lipid profile TSH UA ABG D-dimer
 CBC with differential () Now () In AM () Other _____
 CBC without differential () Now () In AM () Other _____
 Other labs: _____

Protocols (if available): All protocol orders must be placed in chart
 Nitroglycerin IV Protocol for MI
 Weight Based Heparin Dosing Protocol (when patient placed on protocol, all associated labs and monitoring is included)
 Insulin Infusion Protocol (ICU patients only)

Studies: (If LVEF less than 40%, Implement CHF Protocol) Cardiac Stress Test: (after negative enzymes x3)
 CXR: Portable PA/Lateral Exercise treadmill
 EKG STAT, repeat 8 hrs x 3 Stress echocardiogram
 Echocardiogram Dr. _____ to read Adenosine treadmill
 Nuclear Cardiac Scan (assess wall motion, EF) Persantin Thallium
 Other: _____ Dobutamine Stress Test
 Treadmill with Cardiolyte

NURSE NOTED	DATE	TIME	DATE / TIME	PHYSICIAN SIGNATURE OR AUTHENTICATION
24 HR. CHART CHECK BY NURSE	DATE	TIME		

 	Account Number:	MR Number:
Patient Name:		
Admit Date:		

 <p style="font-size: small;">3580 West 9000 South West Jordan, UT 84088 (801) 561-8888</p>	DOB	Age	Sex	HT	WT	RM-BD	PT	SVC	FC	
	Allergies:									
	Attending Physician Name:									

Medications: Check the appropriate box.

Antiplatelet Agents

- Aspirin 324 mg (81 mg chewable tablets x 4) PO now, then 81mg PO daily 162mg PO daily
- Aspirin contraindicated because _____
- Clopidogrel (Plavix) _____mg PO x1 now, then 75 mg PO once daily
- Eptifibatide (Integrilin) 180 microgram/kg IV push then 2 microgram/kg per minute for 48 hrs 72 hrs (renal dosing per pharmacy)

Nitrates

- Nitroglycerin 0.4mg SL every 5 minutes as needed for chest pain (Max of 3 tablets in 15 minutes)
- Nitroglycerin infusion 25 mg/250 ml D5W (100 micrograms/ml)
Titrate to control symptoms in 5 microgram/min 10 micrograms/min steps, up to a maximum of _____ microgram/min;
maintain SBP more than 100 mm Hg
- Nitroglycerin paste 1 inch 2 inch topically to chest wall every 6 hours.
- Isosorbide dinitrate (Isordil) 5 mg PO TID 10 mg PO TID 20 mg PO TID 30 mg PO TID 40 mg PO TID 60 mg PO TID

Beta Blockers

- Metoprolol (Lopressor) 5 mg IV every 5 minutes x3 doses (Hold for HR below 60, BP below 90)
- Metoprolol (Lopressor) 25 mg PO BID. (Hold for HR below 60, BP below 90)

ACE Inhibitor

- Lisinopril (Zestril, Prinvil) 5 mg PO now, then 10 mg daily.
If allergic or intolerant to ACEI, use Losartan (Cozaar) 25 mg PO daily

Thrombolytic

- Reteplase (Retavase) 10 units IV bolus over 2 minutes. Repeat bolus in 30 minutes

Cholesterol Lowering Drugs

- Simvastatin (Zocor) 40 mg PO, every night before bedtime

Other Medications

- Enoxaparin (Lovenox) 1 mg/kg subcutaneous now and every 12 hours (renal dosing per pharmacy)
- Amiodarone 150mg IV bolus over 10 minutes. Start infusion at 1mg/min for 6 hrs, then 0.5 mg/min for 18 hrs
- Lorazepam (Ativan) 0.5 mg PO every 6 PRN 1 mg PO PRN every 6 hrs as needed for anxiety
- Famotidine (Pepcid) 20mg IV twice daily PO twice daily
- Pantoprazole (Protonix) 40 mg IV once daily
- Omeprazole 20 mg PO daily; if not on Plavix, otherwise Protonix 40 mg PO daily
- Nicotine _____mg topical patch apply daily
- Perocet 5/325 mg PO every 4 hrs PRN for moderate pain
- Morphine Sulfate 2 mg IV every 4 hrs PRN severe pain (unless patient is allergic to codeine or morphine)
- Temazepam (Restoril) 15 mg PO qHS PRN sleep. May repeat dose once in one hour if no results.
- Ondansetron (Zofran) 4 mg IV every 24 hrs PRN for nausea and vomiting



Standard Medications: (all orders below will be implemented unless crossed out)

- Acetaminophen (Tylenol) 650 mg PO every 4 hr PRN mild pain (not to exceed 4 grams per 24 hrs)
- Acetaminophen (Tylenol) 650 mg PO every 4 hr PRN temp greater than 101F (not to exceed 4 grams per 24 hrs)
- Docusate sodium (Colace) 100 mg PO qHS
- MOM 30 ml PO PRN constipation
- Maalox 30 ml PO PRN heartburn

Additional Meds:

- _____
- _____
- _____

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