



Childbirth Education Registration Form

To register for any of Holy Family Hospital's Childbirth Education classes, please send this completed registration form, along with payment, to:

Holy Family Hospital
c/o Childbirth Education
70 East Street
Methuen, MA 01844

We recommend that you register by your sixth month. Registration and payment must be received prior to the start of classes. **Please complete ALL of the following information:**

First Name:

Last Name:

Address:

Apt. #:

City:

State:

Zip:

Telephone number (home):

(work):

Obstetrician/Nurse-Midwife:

Email Address *(so we may confirm your registration)*:

Due date:

Please review the following pages for a list of our 2015 classes and the dates they are offered. Please list the specific class and dates you are registering for in the following fields:

- | | | |
|-----------|-------|------|
| 1. Class: | Date: | Fee: |
| 2. Class: | Date: | Fee: |
| 3. Class: | Date: | Fee: |
| 4. Class: | Date: | Fee: |
| 5. Class: | Date: | Fee: |
| 6. Class: | Date: | Fee: |

Thank you!

We will notify you by phone or mail to confirm your registration and inform you of what you need to bring to class.

(Class listing on the following pages.)

2015 Class Schedule	Class Schedule	Fee
<p>Seven-Week Childbirth Education Package</p> <p><i>Includes five 2-hour Lamaze classes and a Breastfeeding class</i></p> <p>Lamaze classes meet Thursday evenings from 6 to 8 p.m. Breastfeeding class meets on Tuesday evening for one 2-hour session.</p>	<p>Lamaze Class: January 8 - February 12 March 19 - April 23 June 4 - July 9 September 10 - October 15 November 5 - December 17</p> <p>Breast Feeding (BF): January 27 February 10 March 10 April 21 May 19 June 9 July 14 August 4 September 15 October 6 November 10 December 22</p>	<p>\$125 per couple</p>
<p>Saturday Lamaze Childbirth Education Package</p> <p><i>Includes a Lamaze class and a Breastfeeding class</i></p> <p>Lamaze class meets Saturday from 9 a.m. to 5 p.m. a one 8-hour session.</p> <p>Breastfeeding class meets on a Tuesday evening for one 2-hour session.</p>	<p>Lamaze - January 17; BF- January 27</p> <p>Lamaze - February 7; BF- February 10</p> <p>Lamaze - March 7; BF - March 10</p> <p>Lamaze - April 18; BF - April 21</p> <p>Lamaze - May 16; BF - May 19</p> <p>Lamaze - June 6; BF - June 9</p> <p>Lamaze - July 11; BF- July 14</p> <p>Lamaze - August 1; BF- August 4</p> <p>Lamaze - September 12; BF- September 15</p> <p>Lamaze - October 3; BF- October 6</p> <p>Lamaze - November 7; BF-November 10</p> <p>Lamaze - December 19; BF- December 22</p>	<p>\$125 per couple</p>

<p>Breastfeeding Class</p> <p>Our Breastfeeding class is a single two-hour session that meets on a Monday evening from 6-8 p.m. in the Holy Family Hospital Birthing Center Conference Room on the third floor. This class provides instruction and support in breastfeeding. Geared towards mothers who want to breastfeed and to those undecided, the class covers principles of breastfeeding, its benefits, weaning and the transition back to work.</p>	<p>January 27 February 10 March 10 April 21 May 19 June 9 July 14 August 4 September 15 October 6 November 10 December 22</p>	<p>\$25 per person</p>
<p>Refresher Class</p>	<p>Please call for dates 978-687-0156 ex 2271</p>	<p>\$40 per couple</p>
<p>Sibling Class</p>	<p>Please call for dates 978-687-0156 ex 2271</p>	<p>\$20 per child</p>
<p>Cesarean Birth Class</p>	<p>Please call for dates 978-687-0156 ex 2271</p>	<p>\$25 per couple</p>
<p>American Heart Association CPR for Family and Friends</p> <p>This class meets from 6:30 to 9:30 p.m. Specific location provided upon registration. To insure the best possible learning environment, please do not bring children to the class.</p>	<p>January 12 February 9 March 9 April 6 May 4 June 8 July 13 August 10 September 14 October 19 November 9 December 7</p>	<p>\$40 per person</p>

THANK YOU!

We will notify you by phone or mail to confirm your registration and inform you of what you need to bring to class.