



# Childbirth Education Registration Form

To register for any of Holy Family Hospital’s Childbirth Education classes in 2017 please send this completed registration form, along with payment, to:

Holy Family Hospital  
 c/o Childbirth Education  
 70 East Street  
 Methuen, MA 01844

**We recommend that you register by your sixth month.** Registration and payment must be received prior to the start of classes. Please complete **ALL** of the following information:

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_  
 Address: \_\_\_\_\_ Apt. #: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
 Telephone number (home): \_\_\_\_\_ (work): \_\_\_\_\_  
 Obstetrician/Nurse-Midwife: \_\_\_\_\_  
 Email Address *(so we may confirm your registration)*: \_\_\_\_\_  
 Due date: \_\_\_\_\_

**Please review the following pages for a list of our classes and the dates they are offered. Be sure to specify the class and the dates in the check-box areas provided.**

Class	Please Specify Date(s)	Fee
<b>Seven-Week Childbirth Education Package</b>  <i>Includes five 2-hour Lamaze classes and a Breastfeeding class</i>  Lamaze classes meet Thursday evenings from 6 to 8 p.m. Breastfeeding class meets on Tuesday evening for one 2-hour session.	<b>Childbirth Class:</b> January 12- February 16 March 23- April 27 May 18- June 22 August 17- September 21 November 16- December 14  <b>Breastfeeding (BF):</b> January 31 February 7 March 21 April 18 May 23 June 20 July 11 August 15 September 5 October 17 November 21 December 19	\$125 per couple

Class	Please Specify Date(s)	Fee
<p><b>Saturday Lamaze Childbirth Education Package</b></p> <p><i>Includes a Lamaze class and a Breastfeeding class</i></p> <p>Lamaze class meets Saturday from 9 a.m. to 5 p.m. a one 8-hour session.</p> <p>Breastfeeding class meets on a Tuesday evening for one 2-hour session.</p>	<p>Lamaze - January 14 Make-up - January 15 BF - January 31</p> <p>Lamaze - February 18 Make-up February 19 BF - February 7</p> <p>Lamaze – March 11 Make-up - March 12 BF – March 21</p> <p>Lamaze – April 22 BF – April 18</p> <p>Lamaze – May 13 BF – May 23</p> <p>Lamaze – June 17 BF – June 20</p> <p>Lamaze - July 15 BF - July 11</p> <p>Lamaze - August 12 BF - August 15</p> <p>Lamaze - September 9 BF - September 5</p> <p>Lamaze - October 21 BF - October 17</p> <p>Lamaze - November 11 Make-up - November 12 BF - November 21</p> <p>Lamaze - December 16 Make-up - December 17 BF - December 19</p>	<p>\$125 per couple</p>
<p><b>Breastfeeding Class</b></p> <p>Our Breastfeeding class is a single two-hour session that meets on a Monday evening from 6-8 pm in the Holy Family Hospital Birthing Center Conference Room on the third floor. This class provides instruction and support in breastfeeding. Geared towards mothers who want to breastfeed and to those undecided, the class covers principles of breastfeeding, its benefits, weaning and the transition back to work.</p>	<p>January 31 February 7 March 21 April 18 May 23 June 20 July 11 August 15 September 5 October 17 November 21 December 19</p>	<p>\$25 per person</p>
<p><b>Refresher Class</b></p>	<p>Please call for dates 978-687-0156 ex 2271</p>	<p>\$40 per couple</p>
<p><b>Sibling Class</b></p>	<p>Please call for dates 978-687-0156 ex 2271</p>	<p>\$20 per child</p>

Class	Please Specify Date(s)	Fee
<b>Cesarean Birth Class</b>	Please call for dates 978-687-0156 ex 2271	\$25 per couple
<b>American Heart Association CPR for Family and Friends</b>  This class meets from 6:30 to 9:30 pm. Specific location provided upon registration. To insure the best possible learning environment, please do not bring children to the class.	January 9 February 13 March 6 April 17 May 8 June 12 July 10 August 7 September 11 October 16 November 13 December 11	\$40 per person

**THANK YOU!**

**We will notify you by phone or mail to confirm your registration and inform you of what you need to bring to class.**