

Directions to Holy Family Hospital

From Route 93 (North or South):

- Route 93 to Exit 48 (Route 213) East
- Follow Route 213 for 1.7 miles to Exit 3 (Pleasant Street/Howe Street/Route 113)
- Turn left at the first traffic light (at end of ramp) and right at the next one (Jackson St.)
- Follow Jackson Street to the first traffic light; turn right onto East Street
- Follow East Street to the top of the hill; Holy Family Hospital is on the right

From Route 495 (North or South):

- Route 495 to Exit 46 (Pleasant Valley/Route 110)
- Bear right and follow Route 110 for approximately one mile to the Methuen Fire Station; turn right onto East Street
- Follow East Street diagonally through a 5-cornered intersection, watching for the blue hospital signs
- Proceed through the traffic light and continue up the hill; Holy Family Hospital is on the right



Parking

Special parking is provided for blood donors. Enter the hospital from East Street and stay to the right. As you proceed up the hill, designated parking is available in the first parking lot on your left.

All appointments are scheduled through the Central Scheduling Department 978-722-3800, Option 1.

For additional information, please call the HFH blood bank at (978) 687-0156, ext. 2453



Holy Family Hospital Blood Donor Program

Holy Family Hospital

A STEWARD FAMILY HOSPITAL



Holy Family Hospital's FDA-approved blood donor program provides patients and community volunteers the opportunity to donate their blood for transfusion. All units of blood collected at the HFH Blood Donor Center remain at Holy Family Hospital for patients in need.

Become a Blood Donor

As a blood donor, you will be required to:

- Complete a health history donor questionnaire
- Provide blood samples for donor testing

The entire visit lasts less than an hour. During this time your blood may be collected by apheresis, a process which allows selective donation of only those blood components that are needed most (two red cell units) or traditional collection of whole blood (red cell and plasma units). The actual donation procedure lasts 10 to 25 minutes.

Hours of Operation:

Monday, Tuesday and Thursday

7 am - 3 pm

- **Special parking is provided for blood donors. Please see the back of this brochure for directions.**
- **The blood donor room is located on the Ground Floor, G47**

All appointments are scheduled through the Central Scheduling Department 978-722-3800, Option 1.

For additional information, please call the HFH blood bank at (978) 687-0156, ext. 2453



Program Provides Therapy and Donation Opportunity for Hereditary Hemochromatosis Patients

Approximately 75% of therapeutic phlebotomy patients are seeking treatment for hereditary hemochromatosis, an inherited disorder characterized by an excess accumulation of iron in the body. Through Holy Family Hospital's blood donor program, hereditary hemochromatosis patients can elect to donate their blood and help another patient. Patients with a hereditary hemochromatosis diagnosis are not charged for therapeutic phlebotomy and will be required to provide a prescription from their referring physician.

Blood Donor Appointment

Date: _____

Time: _____

Location:

Holy Family Hospital
70 East St., Methuen, MA
Ground Floor, G47