

Adult Unit

Daily Routine Schedules

Community meetings are held every day at **9 am** to discuss unit expectations, daily programming and patient concerns.

Daily Wrap-Up group is held every evening at **9 pm** to review the day's accomplishments.

Patient attendance at both groups is expected!

Telephone Hours & Numbers

Telephone Hours are from **7 am to 11 pm** (with the exception of group times).

Adult Unit Phone Numbers:

724.983.5590

724.983.5591

There is a 10-minute limit on phone calls. Staff will limit any disruptive or non-therapeutic calls.

Visiting Hours

Adult Unit Rooms 401-406

Pod Room 421

Monday & Wednesday – 7 pm to 8 pm ONLY

Saturday – 2 pm to 3 pm & 7 pm to 8pm

Adult Unit Rooms 407-411 & 444

Pod Rooms 422 & 423

Tuesday & Thursday – 7pm to 8pm ONLY

Sunday – 2 pm to 3 pm & 7 pm to 8 pm

There are no visiting hours on Fridays!

Inpatient Unit Visitation Rules

Person's wishing to visit **must** be listed on the patient's **Visitor Sign In Log**. Visitation will be limited to family and or a significant other identified by the patient. Persons under age 14 will not be permitted on the unit.

Two visitors per patient are permitted on the unit at any given time. All other visitors may wait in the waiting area in the main hallway.

Visitor's personal belongings will not be permitted onto the units during visitation. Lockers will be provided for these items.

All visitors will be expected to follow unit rules and directives provided by staff or risk being asked to leave the unit.

Visiting is not permitted in patient bedrooms. Designated visiting areas include the dining area, hallway, and group room.

Staff supervises visitation with patients and reserves the right to limit or cancel visiting hours at any time to maintain unit safety.

Clinical staff reserves the right to refuse visiting by persons exhibiting threatening or disruptive behavior or who are suspected of being under the influence of alcohol or drugs. Any identified or suspected illegal activity or contraband will result in the immediate notification to the Security department. Immediate removal from the unit or hospital premises and notification of the local police department are all potential consequences.

Visitation may be restricted for therapeutic reasons. Please check with a member of the unit staff if you have questions.

Former patients will not be permitted to visit unless the patient is a family member or significant other and the consent of the treatment team has been obtained.

It is prohibited to bring food & beverages from outside the health system onto the unit.

Answers to Frequently Asked Questions



Service, Support and Recovery Close to Home

**Sharon Regional
Health System**

SharonRegional.com

Frequently Asked Questions About Inpatient Hospitalization

How long does the patient stay?

The average length of stay is between 3-5 days.

I thought the patient only had to stay 3 days. Why do they have to stay longer?

This is a common misunderstanding. The voluntary consent for treatment requires that a patient give 72-hour notice for a request for discharge if the patient is asking to leave before the clinician feels the patient is stable enough for the next level of care. Otherwise, the length of stay varies depending on the individual needs of the patient.

Is the patient assigned a doctor?

Every patient is assigned to a psychiatrist, however during their stay on the unit, a designated clinician who is trained and supervised by that psychiatrist will see them and make recommendations about treatment including prescribing medications. These mid-levels will include physician assistants (PA-C) and nurse practitioners (CRNP).

When does the patient see the doctor?

The clinician's schedules vary on a daily basis. So the patient may meet with their psychiatrist or mid-level early on one day and later the next.

Daily Programming Routines

Community meetings are held every morning to discuss unit expectations, daily programming and patient concerns. Daily wrap-up group is held every evening to review the days accomplishments. Patient attendance at both groups is expected.

The treatment team uses notes and information from group participation to help them determine how treatment is progressing. To obtain the maximum benefit of treatment, group participation is strongly encouraged and expected.

Tobacco Free Environment

Sharon Regional Health System is a smoke free facility. Tobacco cessation is encouraged for patients who smoke or chew. Tobacco aids are available by physician's order for patients who do smoke or chew in the form of nicotine patches and nicotine gum. Education & medication therapy are available for those interested in tobacco cessation.

Protecting Patient Confidentiality

Patient Visitation

Each patient identifies upon admission those family members that they permit to visit them on the unit. Visitation takes place in accordance with unit policy. Visiting is limited to 2 visitors at a time, 3 days per week for a period of 1 hour. No visitors under the age of 14 years are permitted to visit the unit.

Cell Phones

In order to protect the confidentiality of patients, visitors and patients are not permitted to bring cell phones on the unit. Telephones are available for use by patients during posted hours.

Locked Units

Once patients are admitted to the behavioral health units, they are not permitted to leave. These units are secured units for safety reasons. Visitation with patients occurs in designated areas within the unit.

Will other people know the patient was hospitalized?

No, all psychiatric admissions are confidential. The only people who know the patient is hospitalized are those that they give that information to or permit to be a visitor. Due to strict guidelines, most information cannot be released about patient health treatment and progress without written consent from the patient or their guardian.

Child/Adolescent Unit

Daily Routine Schedules

Patients are required to attend school when in session. School hours are **Monday-Friday 10 am to 2 pm.**

Community meetings are held every day at **9:15 am** to discuss unit expectations, daily programming and patient concerns.

Daily Wrap-Up group is held every evening at **8 pm** to review the day's accomplishments.

Patient attendance at both groups is expected!

Telephone Hours & Numbers

All phone calls will be dialed and monitored by staff. Family may call the Nurses Station Phone Number (724-983-3889) at any time to ask unit staff questions.

Phone hours are as follows:

Monday - Thursday: 7-8 pm & Friday 7-9 pm
Saturday: 11:30 am -12:30 pm & 7-9 pm
Sunday: 11:30 am - 12:30 pm & 7-8 pm

Visitation Hours

Child/Adolescent Rooms 415-417 Pod Room 421

Monday & Wednesday – 7pm - 8pm ONLY
Saturday – 2 pm - 3 pm & 7 pm - 8pm

Child/Adolescent Rooms 418-420 Pod Rooms 422 & 423

Tuesday & Thursday – 7pm - 8pm ONLY
Sunday – 2 pm - 3 pm & 7 pm - 8 pm

There are no visiting hours on Fridays!

Visitors are limited to primary family members. Primary family members may include: parents, stepparents, legal guardians, grandparents and siblings over age 18. A list of approved visitors will be listed on the patient chart.