



Childbirth Education Registration Form

To register for any of Holy Family Hospital’s Childbirth Education classes in 2023 or 2024 please send this completed registration form along with payment to:

Holy Family Hospital
 C/O Childbirth Education
 70 East Street
 Methuen, MA 01844

We recommend that you register by your **sixth month**. Registration and payment must be received prior to the start of classes. Please complete **ALL** of the following information:

First Name: _____ Last Name: _____

Address: _____ Apt. #: _____ City: _____ State: _____ Zip: _____

Telephone number (home): _____ (work): _____

Obstetrician: _____

Email Address *(so we may confirm your registration)*: _____

Due date: _____

Please review the following pages for a list of our classes and the dates they are offered. Be sure to specify the class and the dates in the check-box areas provided.

Class	Please Specify Date(s)	Fee
Saturday Lamaze Childbirth Education Package <i>Includes a Lamaze class and a Breastfeeding Class</i> Lamaze class meets Saturday from 9 A.M. to 3 P.M. a one 6 hour session in the Birthing Center Conference Room on the third floor. Breastfeeding class follows the Saturday All Day Class from 3-5 PM	2024 Lamaze- Jan. 6 Make-up-Jan 7 Bf-January 6 Lamaze- February 3 Make-up-February 4 Bf-February 3 Lamaze-March 2 Make-up-March 3 BF-March 2 Lamaze-April 6 BF-April 6	\$125 per couple

	Lamaze-May 4 BF-May 4 Lamaze-June 1 BF-June 1 Lamaze-no class Lamaze- August 3 BF-August 3 Lamaze-September 7 BF-September 7 Lamaze-October 5 BF-October 5 Lamaze-November 2 BF-November 2 Lamaze-December 7 BF-December 7	
Breastfeeding Class Our Breastfeeding class is a single two-hour session that meets on Saturday from 3-5pm in the Birthing Center. This class provides instruction and support in breastfeeding. Geared towards mothers who want to breastfeed and to those undecided, the class covers principles of breastfeeding, its benefits, weaning and the transition back to work.	January 6 February 3 March 2 April 6 May 4 June 1 July no class August 3 September 7 October 5 November 2 and December 7	\$25 per person
Refresher Class	Please call for dates 978-687-0156 ex 2271	\$40 per couple
Sibling Class	Please call for dates 978-687-0156 ex 2271	\$20 per child

Class	Please Specify Date(s)	Fee
Cesarean Birth Class	Please call for dates 978-687-0156 ex 2271	\$25 per couple
American Heart Association CPR for Family and Friends	Please call for dates 978-687-2271	\$40 per person
This class meets from 6:30- 9:30		

pm on Monday evenings. Specific location provided upon registration. To insure the best possible learning environment, please do not bring children to the class.		
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THANK YOU!

We will notify you by e-mail or mail to confirm your registration and inform you of what you need to bring to class.