

St. Joseph Medical Center's OB/Gyn Residency Program Delivers Hope to the Houston Community

The Houston Methodist OB/Gyn Residency program in partnership with St. Joseph Medical Center, the oldest obstetrician/gynecologist residency program in Houston, is proud to provide comprehensive women's health services to the local community.

Under the leadership of Dr. Konrad Harms, program director, 20 residents work alongside volunteer faculty members to diagnose and treat patients needing OB/GYN care. Whether it's a routine wellness visit, a hysterectomy, contraception counseling and management, or a high-risk pregnancy, Dr. Harms and his team are there to care for each person who comes through the doors.

"Since we are located in the most diverse city in the country – we see people from all different backgrounds, religions, and ethnicities who could really benefit from our help," said Dr. Harms. "Some people travel across the world to go on a mission trip; we get to go on one right in our backyard."

Dr. Sarah Hoopes, a core faculty member, says she enjoys the work she does daily to help women and expectant mothers meet their OB/GYN needs.

"The patients are so appreciative of the care they receive from us, and it's so rewarding to see," said Dr. Hoopes. "I love how supportive the teaching environment is, too. It's one where our residents can truly learn and grow in their professions."

Educating patients on different OB/GYN conditions and how they affect their overall health is something the residents and faculty do frequently.

"We teach patients a lot about their bodies, the progression of certain gynecological diseases, and steps to take to have a healthy pregnancy, and they are extremely grateful for the knowledge," said Dr. Hoopes.

Because the clinic has 20 residents plus faculty members, they have the available bandwidth to talk to their patients and see more of them.

"Our goal is to reach the Houston community, letting them know we are here to serve and help them with their OB/GYN health care needs in a compassionate environment," said Dr. Harms.

To learn more about the OB/GYN residency program at St. Joseph Medical Center or to request an appointment, call 713-757-7406.