



Carney Hospital

Telehealth Acute Partial Hospitalization Program

Carney Hospital's Acute Partial Hospitalization Program (APHP) is a recovery-focused, short-term outpatient program designed to prevent psychiatric hospitalization and/or to provide an extended period of stability after an inpatient stay.

Due to the COVID-19 pandemic, we are currently running a remote program. Once accepted into APHP, a link to our online program will be provided via email. Patients must have a smartphone, tablet, or laptop with a connection to WiFi or data service, and a safe and private space to participate.

For patients that have not previously attended Carney Hospital APHP or accessed outpatient services, an in-person on-site appointment will be scheduled to complete the registration process and intake process. Proof of a negative COVID-19 test is required before scheduling an appointment.

SERVICES INCLUDE

- Clinical evaluation: Comprehensive psychosocial and physical assessment accompanied with a discussion of program goals and expectations.
- Individualized Treatment Plan
- Psychopharmacology and Psychiatric evaluation by MD or NP.
- Group Therapy: Psychoeducation; Individual contact.
- Crisis Resolution: Patients learn to recognize symptoms/stressors and develop coping strategies. Safety planning; Establish therapeutic supports; Educate regarding community resources.
- Connection with staff with lived experience.

2100 Dorchester Ave., Dorchester, MA 02124 | 617-506-4768
www.carneyhospital.org | Hours: Monday-Friday, 9 a.m. - 2:30 p.m.

ADMISSION CRITERIA

- 17 years of age or older.
- Current emotional or psychiatric symptoms severe enough to require intensive treatment.
- A primary behavioral health diagnosis.
- Not actively suicidal, homicidal, or unable to maintain safety.
- Substance Free.
- Admission is voluntary, daily attendance is expected.

MAKE A REFERRAL

Please contact APHP directly at 617-506-4768 to discuss admission criteria. Referral sources will be sent a program package that includes patient information and intake application. Insurance authorization is required before admission. Most insurance plans are accepted.

After hours: Messages left after regular business hours will be answered within 24 hours, Monday-Friday, by an RN psychiatric clinician or licensed mental health counselor.

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A STEWARD FAMILY HOSPITAL

Steward