

Acute Rehabilitation at Salt Lake Regional Medical Center

**Salt Lake Regional
Medical Center**

A STEWARD FAMILY HOSPITAL

Rehabilitation means reshaping lives and restoring lost abilities after an illness or injury. It means treating the whole patient physically, emotionally and socially. In rehabilitation, the goal is to return patients to their optimum level of function and open the door to a better quality of life.



Our comprehensive rehabilitation team at Salt Lake Regional Medical Center provides individualized and goal oriented treatment programs specifically for adults. Our focus is to help patients return home or to a lower level of care.

Steward

A study was conducted by the American Medical Rehabilitation Providers Association assessing the outcomes of patients treated in an inpatient rehabilitation facility (IRF) versus similar patients treated in a skilled nursing facility (SNF).

The results concluded that IRF patients tend to:

- Spend fewer days in health care institutions and more days in the comfort of their own home
- Have fewer emergency room visits and/or re-hospitalizations visits
- Live a longer lifetime

ISSUE	IRF PATIENTS	SNF RESIDENTS
Average Length of Stay	10-14 days	60-120 days
Risk of Mortality in Two Years	24.3%	32.3%
Physician Oversight	7 days/week by a physician specializing in physical medicine and rehabilitation	One visit in the first 72 hrs, followed up by at least one visit per month
Registered Nurse Staffing and Specialty	One certified RN for every seven patients	One nurse for every 30 patients (no additional certification required)
Therapy Frequency	Minimum of three hours/day, five days/week with a minimum of two disciplines (physical therapy/occupational therapy/speech language pathology)	1-2 hours a day, five days a week No minimum therapy expectations.
Discharge to Community	78%	60% in 120 days
Integrated Care	Coordinated multidisciplinary team directed by a rehab physician with weekly team conferences that include the patient and family	Individual disciplines passing report and case management updates
Access to Specialists/Consultations Including Neuro-psych, Cardiology, Nephrology, Pulmonary, Internal Medicine for Complex Medical Management	On-site & readily available	Limited availability
Additional Services: Imaging, Laboratory, Respiratory Therapy	On-site & readily available	Often contracted services, Limited availability

Accepted Managed Healthcare Contracts

AETNA *** (Utah connected network excluded)

AETNA - PEAK PREFERENCE NETWORK

ALTIUS - (Excludes Mountain Star)

ALTIUS HEALTH PLANS*

AMERICA'S HEALTH PLAN

ARCHES HEALTH PLAN

AUTO LIV**

BCE EMERGIS

BEHAVIORAL MEDICINE

CIGNA Behavioral Health

Davis Behavioral Health

Life Sync

MHNet

Optum Behavioral Health

United Behavioral Health

REGENCE Blue Cross/Blue Shield***

BC Regence Focal Point and Blue options excluded)

BCBS Regency GP Admin

Blue Card (National)

Federal Employee Program (FEP)

Healthwise

Regence (Traditional Plans)

ValueCare

CHAMPUS

CHOICE CARE

CIGNA HEALTHCARE OF UTAH

(Excludes HCA Network)

Cigna Behavioral Health

GreatWest (Cigna)

CLEARFIELD JOB CORP (MTC)

CONCENTRA PREFERRED SYSTEMS

COVENTRY***

DMBA ***

EMPLOYER DIRECT HEALTHCARE

FIRST HEALTH

FOCUS HEALTHCARE

GEHA

HEALTH CHOICE UTAH

HEALTH MANAGEMENT NETWORK (HMN)

HEALTHNET FEDERAL

HEALTH UTAH STEWARD

HEALTHY U

HOSPICE

CareSource Hospice

Inspiration Hospice

Odyssey Healthcare

Vista Hospice

HSA Healthplans

HUMANA

HUMANA CHOICECARE NETWORK

INTEGRATED HEALTH PLAN

J-U-B ENGINEERING**

MAILHANDLERS***

UTAH MEDICAID - (Except Community Care

MEDICARE

MEDICARE ADVANTAGE PLANS

AAHP Medicare Complete

Altius

Healthy Advantage

HumanaChoice PPO

Humana Gold Choice

MED-CARE Advantage

Molina Healthcare Options

Optum

Regence BCBS

United Healthcare

MERITAIN HEALTHCARE

MOLINA

MULTIPLAN

NPPN (PlanCare America; Plan Vista)

PEHP (Excludes PEHP Advantage)

Murray City - Preferred Care

Outside Agencies - Preferred Care

Salt Lake County - Preferred Care

University of Utah - Preferred Care

Utah School Boards Association -

Gold and Silver Care

PEHP CAPITAL

PEHP SUMMIT CARE

PHCS (Private Health Care Systems)

PLANCARE AMERICA (See NPPN)

QMS

THREE RIVERS NETWORK (EBMS)

TRI-CARE UNITED MILITARY SERVICES

UNITED BEHAVIORAL HEALTH

UNITED HEALTHCARE OPTIONS PPO

UNITED MEDICAL RESOURCES* (UMR)**

UNIVERSITY OF UTAH HEALTH PLAN (UUHP)

USA MANAGED CARE

WISE PROVIDER NETWORK

WORKERS COMP FUND OF UTAH

WORKERS COMPENSATION - All Plans

* Healthcare Exchange Plans

** Employer Direct Contracts

*** Some plans may be out of network

**All Insurances Accepted
Through Emergency Department**

Private Pay:

Patients are eligible for substantial discounts when payment is made at time of service.

Some affiliates may not be listed.



For More Information

We welcome referrals from physicians, discharge planners, social workers, family members and case managers. For more information, to request an on-site evaluation of your patient, or to arrange a tour of our facility, please contact us by calling 801-350-4111.

1050 East South Temple, Salt Lake City, UT 84102
www.saltlakeregional.org | 866-431-WELL (9355)

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In Partnership with Physician Owners.