# About Saint Anne's Hospital and Steward Health Care

Saint Anne's Hospital is a community hospital with comprehensive inpatient, outpatient, and emergency care services, serving adults and children from southeastern Massachusetts and nearby Rhode Island at its main campus in Fall River and its community satellites in Attleboro, Swansea, North Dartmouth, New Bedford, and Stoughton. Saint Anne's has been recognized time and again for quality, safety and service by such organizations as The Joint Commission, Healthgrades, The Leapfrog Group, and Blue Cross Blue Shield.

Saint Anne's Hospital is part of Steward Health Care, the largest private health care network in the U.S., owned and managed by a team of Steward physicians.

More information is available at www.saintanneshospital.org.



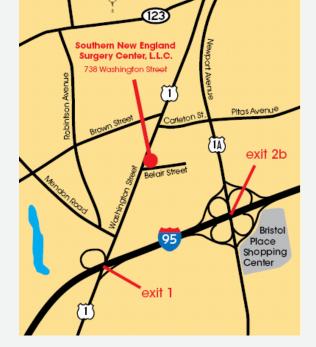












#### **Points North:**

I-95 (South) to exit 2B (Route-1A North). Merge onto Newport Avenue (1A). Turn left at the second stoplight (Carleton Street). Follow Carleton Street to US-1 (0.3 mi), then turn left on Route 1 (Washington Street). The surgery center will be on your left (0.2 mi).

#### **Points South:**

I-95 (North) to exit 2B (Massachusetts). Merge onto Newport Avenue (1A). Turn left at the second stoplight (Carleton Street). Follow Carleton Street to US-1 (0.3 mi), then turn left on Route 1 (Washington Street). The surgery center will be on your left (0.2 mi).

#### **Points West:**

I-295 (North) to US-1 South (exit 1A). Follow US-1 South (Washington Street) for 2.9 miles. The surgery center will be on your left.



# **Southern New England Surgery Center**

738 Washington Street • Attleboro, Massachusetts 02703 508-761-6025 • Fax: 508-761-6069



# Southern New England Surgery Center

part of Saint Anne's Hospital

A Steward Family Hospital

Patient Information

#### Welcome

The physicians and staff at Southern New England Surgery Center welcome you. Our center was designed, equipped and staffed to provide the highest quality outpatient surgical care.

To help you prepare and make your experience as comfortable as possible, please read these instructions and other instructions you may receive from the nurse.

# **In Preparation**

Southern New England Surgery Center must have all previously requested tests and test results prior to your arrival. Please bring them with you unless your physician has taken care of this matter. Do not take any herbal or diet medications prior to surgery. It is recommended that you stop using these two weeks before surgery.

You must make arrangements to be driven home by a responsible adult and must also have a responsible adult with you for the next 24 hours after surgery. If these arrangements are not made, your surgery will be postponed. If you have any special needs for your day of surgery, please inform your surgeon.

### **Your Patient Guide**

To assist in preparing for your one-day procedure, please complete your online medical history at OneMedicalPassport.com. Choose Massachusetts and Southern New England Surgery Center and then follow the prompts. Once completed, our assessment nurse will contact you with any special concerns or questions. If you are unable to go online to complete your medical history, you may call our Pre-Admission Testing (PAT) nurse at 508-761-6025 (Monday-Friday).



#### **Pre-Admission Call**

Patients with certain medical conditions may be contacted by the pre-admission nurse in order to meet with an anesthesiologist prior to the day of service.

# To speak to the pre-admission nurse, call the center at 508-761-6025.

Inform your surgeon if you have, or have ever been treated for, MRSA. Patients on insulin need to contact the prescribing physician for instructions. Patients using a CPAP machine at home must bring it with them on the date of surgery. In addition, if you have an implanted nerve stimulation device, please remember to bring in the remote control.

# **Day Before Surgery**

Our staff will call to confirm your arrival time the afternoon before the procedure. This call typically occurs between 3-4 p.m., as the schedule is changing up until this point. Please note, this may be different than any times previously given to you. This time is based on changes to the doctor's schedule or medical conditions of other patients.

## **Evening Before Surgery**

Do not eat or drink anything after midnight, unless otherwise instructed. You should shower or bathe before coming to the surgery center.

# **Day of Surgery**

When deciding what to wear to the surgery center, choose something comfortable that can be easily removed, as you will be asked to change into a gown. If you are having hand surgery, please wear something with loose sleeves. Do not use cosmetics, makeup, hairspray or contact lenses. Do not wear sandals or flip-flops. Remove all jewelry, including body piercings. If not, the center will ask you to remove them. Once you are at the facility, you will be asked to complete necessary paperwork, which includes authorization for the center to release information to your insurance company. Be sure to bring a valid insurance card and a photo ID. If not available at the time of admission, a delay in your surgery or cancellation may occur. In the case of minors (under 18 years of age), a parent or guardian must accompany the patient and remain at the center until discharge.

