

**Directions and Parking Information  
for Pre-Admission Testing and  
Pre-Surgical Education Program**

**Joint Replacement Surgery  
PAT and PEP Class  
Stoico/FIRSTFED Center for Breast Care**

- The Stoico/FIRSTFED Center for Breast Care is located steps inside from the main entrance of the hospital at the corner of Middle and South Main streets.
- Upon entering, turn left into the front lobby and you will see the entrance to the Stoico/FIRSTFED Center for Breast Care at the end of the lobby, just past the Information Desk and Patient Access (registration area).
- Public restrooms are available near the main entrance, just before the Dunkin Donuts shop.

**Parking**

- Due to our limited self-parking, **we encourage you to use our free valet parking service** at the main entrance at the corner of Middle and South Main Streets.
- Limited self-parking is available in the hospital parking lot bordering South Main Street and in metered parking on surrounding city streets. If you are coming with your partner-in-care, they may drop you off at the main entrance and proceed to find parking.

**Free Valet Parking, weekdays, no tipping.**

**Your Appointment Times**

**Your telephone interview is scheduled for:**  
*Remember to have your medication list  
ready for the interview.*

Day: \_\_\_\_\_

Date: \_\_\_\_\_

Time: \_\_\_\_\_

You are scheduled for your PAT and PEP Class:

Day: \_\_\_\_\_

Date: \_\_\_\_\_

Time: \_\_\_\_\_

**If you need to reschedule  
your appointment times,  
please call 508-235-5061.**

If you have questions about your  
joint replacement surgery and  
related care and services, please contact:

**Center for Orthopedic Excellence  
Nurse Navigator**

kherri-lynn.rego@steward.org  
508-235-5260



795 Middle Street  
Fall River, MA 02721  
Main Number: 508-674-5600

[SaintAnnesHospital.org](http://SaintAnnesHospital.org)



**Center for Orthopedic Excellence**



**Telephone Screening Interview**

**Pre-Admission Testing  
and  
Pre-Surgical  
Patient Education Program**

A Combined Session for Your Convenience



# Preparing for Your Joint Replacement Surgery

To help prepare for your joint replacement surgery and recovery, we offer a convenient initial screening by telephone and a combined Pre-Admission Testing (PAT) visit and Pre-Surgical Education Program (PEP) class.

## Understanding Your Pre-Admission Process

Prior to surgery, all patients are required to have a [medical screening to assess their fitness for surgery](#). For joint replacement patients, this medical screening consists of two parts:

1. a telephone interview; and
2. a visit to the hospital for a combined Pre-Admission Testing and Pre-Surgical Education Session.

### 1. Scheduled Telephone Screening Interview

A [telephone interview](#) will be [scheduled](#) for you with our Pre-Admission Testing nursing staff approximately three weeks before the date of your surgery.

- You will be provided with the date and time for this telephone screening interview. This interview will take approximately 30 minutes.
- During your interview, the nurse will review with you your planned surgery, allergies and medications, and health history.
- Please plan to have a list of your medications to review with the nurse during this interview.

### 2. Scheduled Hospital Pre-Admission Testing and Pre-Surgical Education Class

The second part of your medical screening will be done when you attend the [combined Pre-Admission Testing \(PAT\) and Pre-Surgical Education Program \(PEP Class\)](#).

- You will be scheduled to attend a combined [PAT and PEP Class](#) held at Saint Anne's Hospital. You can expect to be at the hospital for several hours to complete needed pre-surgical testing.
- For part of these combined sessions, patients meet in a small group for the Pre-Surgical Education Program. You also will have any needed testing done privately, such as blood tests or an EKG.
- Patients are highly encouraged to attend the PEP Class with their designated partner-in-care or caretaker who will be assisting them through their surgery and recovery process.
- Please plan to arrive promptly for the start of the session by allowing sufficient time to travel to the hospital, park and walk to the class location.

See "Directions and Parking" on the back.

## Understanding Your Pre-Surgical Education Program

We ask all patients and their designated partner-in-care or caretaker to participate in our Pre-Surgical Education Program (PEP Class) to help understand what to expect before, during and after surgery. Patients and those who will help them in their recovery are taken step by step through the surgical process, inpatient stay and recovery phase, including learning about home care services and rehabilitation. At this class, you will receive helpful information from members of our surgical staff, including surgical nurses, a case manager, and a physical therapist. Time is included to ask questions in the group and privately.

*NOTE: Patients having Mako partial knee resurfacing, total knee replacement, or total hip replacement will be scheduled for a CT exam, used in planning and performing these surgeries, at a time that is separate from the combined Pre-Admission Testing and Pre-Surgical Education Program.*

