### **NOTES:**

### **PATIENT NAVIGATOR**

Saint	Anne's	Hosp	ital
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A STI	EWARD FAMILY H	OSPITAL	

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# **Understanding the Patient Navigator Role**

### **INTERPRETER SERVICES AVAILABLE**

Portuguese - Português Fala Português? Vamos oferecer-lhe um intérprete gratuito.

Spanish - Español ¿Habla español? Le proporcionaremos un intérprete sin costo alguno para usted.

Steward Health Care complies with applicable Federal and State civil rights laws and does not discriminate on the basis of race, color, national origin, gender, sexual orientation, religion, disability or age.







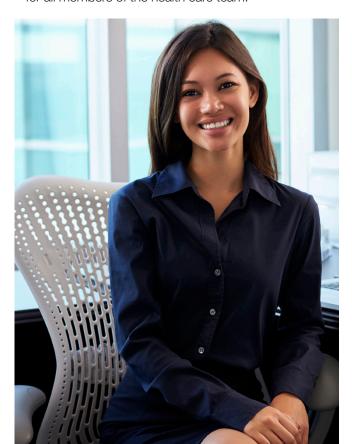
## Saint Anne's Hospital A STEWARD FAMILY HOSPITAL

795 Middle Street, Fall River, MA 02721 Main Hospital Number 508-674-5600 Patient Navigator 508-235-5457 saintanneshospital.org

### What is a Patient Navigator?

Our Patient Navigator helps patients to understand and coordinate their breast health care services. When an abnormal breast examination or positive finding, such as cancer, is found, our Patient Navigator works with the patient's primary care physician and other medical personnel to assist patients and families with arranging for needed testing and treatment. This may include coordinating referrals and appointments for breast imaging, diagnostic procedures (biopsies), and consultations with a breast surgeon and other cancer specialists.

Our navigator is an experienced registered nurse with special expertise and experience in breast health care. As one who understands the complexities of breast care and women's health, she is a guide, mentor and advocate for patients and their families and a resource for all members of the health care team.



The Saint Anne's Hospital Breast Care Navigator is available to provide services at PrimaCARE and/or at the hospital. She will coordinate your breast care needs with your PrimaCARE physicians, including services provided by PrimaCARE and Saint Anne's Hospital.

### Breast Health Care and Treatment at Saint Anne's Hospital

Our physician team of radiologists, surgeons, and medical and radiation oncologists specializes in breast cancer.

Diagnostic and treatment services for breast care include:

- 3D Tomosynthesis Breast Imaging (mammography)
- Breast Ultrasound
- Breast MRI and MRI Biopsy
- Stereotactic Breast Biopsy
- Breast Surgery
- Medical and Radiation Oncology

### The patient navigator offers many benefits, including:

- better understanding of breast health services and resources for additional information
- facilitation of referrals and scheduling to ensure timeliness of care
- assistance with financial and logistic challenges to health care access
- support of patients and their loved ones in acknowledging and coping with the many emotions that can accompany a breast cancer diagnosis

#### **To contact our Breast Care Patient Navigator:**

phone: 508-235-5457 email: heather.czaja@steward.org