

# Orthopedic Nurse Navigator and Program Director, Spine Surgery

**Kherri-Lynn Rego, BSN, RN, ONC**



In keeping with our patient- and family-centered care, the Center has an Orthopedic Nurse Navigator to help you to understand and prepare for your surgery and recovery. A registered nurse with a background in inpatient orthopedic care and patient education, the navigator will help you and your partner in care know what to expect before, during and after surgery and help to coordinate needed medical appointments. Our navigator can also:

- facilitate your combined Pre-surgical Education Program (PEP Class) and Pre-Admission Testing Session
- facilitate your speaking with one of our Orthopedic Patient Ambassadors, a patient who has had the same type of surgery
- work closely with you and your family and our team to coordinate your discharge and home care and/or rehabilitation needs
- answer any questions you may have at any step: Contact [kherri-lynn.rego@steward.org](mailto:kherri-lynn.rego@steward.org) or call 508-235-5260.

## The Center for Orthopedic Excellence

At the Center for Orthopedic Excellence, we are dedicated and driven to deliver superior orthopedic care to restore motion, reduce pain and renew lives.

From diagnosis through rehabilitation and recovery, our team is focused on providing advanced treatment centered on each patient's goals and needs.

Our specialists offer leading-edge orthopedic treatment, including sports medicine, minimally invasive procedures, robotic-assisted surgery, and knee, hip and shoulder joint replacement utilizing the latest techniques. This includes outpatient surgery for joint replacement.

We were the first hospital in Massachusetts to offer innovative robotic-arm assisted MAKO, providing more precision for knee and hip replacement.

Our surgeons perform more than 5,000 orthopedic surgeries annually at Saint Anne's Hospital and our outpatient surgery centers in Dartmouth and Attleboro, Massachusetts.

Our anesthesiologists and surgeons are sought-out leaders in using multimodal anesthesia. This state-of-the-art approach reduces post surgical pain to speed recovery as well as reducing bleeding, blood clots and surgical site infections. **More than 90% of the Center's joint replacement patients participate in their first physical therapy session within hours of their surgery.**

Saint Anne's Hospital with our Center for Orthopedic Excellence is nationally for recognized for quality, innovation and patient satisfaction.

### Keeping You in Motion.

[SaintAnnesHospital.org/orthopedics](http://SaintAnnesHospital.org/orthopedics)

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### INTERPRETER SERVICES AVAILABLE

**Portuguese - Português**  
 Fala Português? Vamos oferecer-lhe um intérprete gratuito.

**Spanish - Español**  
 ¿Habla español? Le proporcionaremos un intérprete sin costo alguno para usted.

Steward Health Care complies with applicable Federal and State civil rights laws and does not discriminate on the basis of race, color, national origin, gender, sexual orientation, religion, disability or age.

Physicians listed are on the Saint Anne's Hospital Medical Staff and perform procedures at Saint Anne's Hospital in Fall River and/or our ambulatory surgery center in Dartmouth, Massachusetts.

Additional orthopedic surgeons on our medical staff perform outpatient procedures at the Southern New England Surgery Center in Attleboro, Massachusetts.

For more information, please call  
 The Center for Orthopedic Excellence  
 at 1-855-651-BONE (2663)



#### The Joint Commission Advanced Seal Certification for Knee and Hip Replacement



Saint Anne's Hospital is the first hospital in Bristol County to be awarded advanced certification from The Joint Commission for knee and hip replacements. Advanced certification signifies excellence in meeting national standards in surgical and anesthesia care, nursing and rehabilitation therapy, patient satisfaction, care coordination after discharge, and patient outcomes.

#### Saint Anne's Hospital is a Blue Distinction Center+ for Knee and Hip Replacement.



Since 2011 this national ranking developed by Blue Cross Blue Shield has helped patients and their doctors choose hospitals for specialty care with demonstrated consistently better outcomes for patients, including fewer complications and readmissions than facilities without these recognitions.

Blue Distinction Centers+ (BDC+) healthcare facilities are recognized for their expertise and cost-efficiency in delivering specialty care.



Named one of "America's Best Hospitals for Orthopedics" by Women's Choice Award® 2017-2018



**Center for Orthopedic Excellence**  
 Keeping You in Motion

**Orthopedic Specialists**

**Saint Anne's Hospital**  
 A STEWARD FAMILY HOSPITAL



# Orthopedic Specialists of the Center for Orthopedic Excellence

Our orthopedic specialists, with offices in a location near you, offer a high level of care for a wide range of acute and chronic musculoskeletal injuries and conditions for adults and children. Many of our orthopedic specialists have completed fellowships in sub-specialty areas and have a wide range of clinical interests. Some of their specialties include joint replacement (including outpatient joint replacement for qualified patients), MAKO® robotic-assisted surgery, hand surgery, sports medicine, pediatric orthopedics, arm and shoulder surgery, and more.



## Jerald W. Katz, MD

Chair, Department of Orthopedics, SAH

**Board Certification:** Orthopedic Surgery

**Fellowship:** Pediatric Orthopedics, Shriners Hospital for Crippled Children, Tampa, FL

**Residencies:** Orthopedic Surgery Resident, Boston University School of Medicine,

Boston, MA; Chief Resident: Boston City Hospital, Boston, MA; University Hospital, Boston, MA; Lahey Clinic, Burlington, MA; Shriners Hospital for Crippled Children, Springfield, MA

**Medical School:** New York Medical College, Valhalla, NY

**Special Interests:** Pediatric and general orthopedics; MAKO® hip and knee certified



## Chad S. Beattie, MD

**Fellowship:** Primary Care Sports Medicine, University of Massachusetts

**Residency:** Family Medicine and Community Health, University of Massachusetts Memorial Medical Center/Hahnemann Family Health Center

**Medical School:** St. George's University School of Medicine

**Special Interests:** Non-surgical approach to treatment of musculoskeletal sports conditions; ultrasound-guided procedures to treat conditions involving joints, muscles, ligaments and tendons; treatment of concussions.

Head team physician, Bridgewater State University



## David W. Bullis, MD

**Board Certification:** Orthopedic Surgery  
**Fellowship:** Sports Medicine, The Orthopedic Specialty Hospital, Salt Lake City, Utah

**Residencies:** Orthopedic Surgery, Albert Einstein Medical Center, Philadelphia; Pediatric Orthopedic Surgery, Shriners Hospital,

Philadelphia; Hand Surgery Resident, Jefferson University Hospital, Philadelphia; Shoulder Service, University of Pennsylvania Hospital, Philadelphia, PA

**Medical School:** Dartmouth Medical School, Hanover, NH

**Special Interests:** Sports medicine; arthroscopic surgery; general orthopedics; MAKO® certified



## Glenn Dubler, MD

**Board Certification:** Orthopedic Surgery

**Residency:** Department of Surgery, Henry Ford Hospital, Detroit, MI

**Medical School:** Emory University School of Medicine, Atlanta, GA

**Areas of Special Interest:** General orthopedics; joint replacement, hip, knee & shoulder



## Brad E. Green, DO

**Board Certification:** Orthopedic Surgery

**Residency:** Orthopedic Surgery, Osteopathic Hospital of Maine, Portland, ME

**Medical School:** Philadelphia College of Osteopathic Medicine, Philadelphia, PA

**Special Interests:** General orthopedics; total joint replacement; hand surgery; arthroscopic surgery of knees and shoulder; MAKO® certified



## J. Mi Haisman, MD

**Board Certification:** Orthopedic Surgery

**Fellowship:** Certificate of Added Qualifications (CAQ) in hand surgery

Hand and Upper Extremity, Hospital for Special Surgery, New York, New York

**Residency:** Orthopedic Surgery, University of Pittsburgh Medical Center Pittsburgh,

Pennsylvania

**Medical School:** University of Pittsburgh School of Medicine, Pittsburgh, Pennsylvania

**Special Interests:** Disorders of the hand, wrist, elbow and forearm; minimally invasive endoscopic carpal tunnel surgery; nerve and tendon injury; hand surgery; Dupuytren's disease



## Matthew A. Kippe, MD

**Board Certification:** Orthopedic Surgery

**Fellowship:** Sports Medicine, Shoulder and Elbow Surgery, Columbia University/Columbia Presbyterian Medical Center, New York, New York

**Residency:** Orthopedic Surgery, William Beaumont Hospital, Michigan

**Medical School:** Tufts University School of Medicine, Boston, Massachusetts

**Special Interests:** Sports medicine; rotator cuff repairs; knee cartilage/ligament injuries; arthroscopic shoulder surgery; shoulder replacement; reverse total shoulder replacement; joint preservation surgery



## Edward A. Klein, DO

**Board Certification:** Orthopedic Surgery

**Fellowship:** Adult Joint Reconstruction, Buffalo General Hospital/University of Buffalo, Buffalo, NY

**Residency:** Orthopedic Surgery, Philadelphia College of Osteopathic Medicine, Philadelphia, PA

**Medical School:** New York College of Osteopathic Medicine, NY

**Special Interests:** General orthopedics; joint replacement for hip and knee; direct anterior approach for hip replacement; latest computer/surgical technology in hip and knee replacement; MAKO® certified



## Mena M. Mesiha, MD

**Board Certification:** Orthopedic Surgery

**Fellowship:** Orthopedic Surgery, Shoulder Massachusetts General Hospital

**Residency:** Orthopedic Resident, Cleveland Clinic Foundation, Cleveland, Ohio

**Medical School:** State University of New York Downstate Medical Center, Brooklyn, NY

**Special Interests:** Complex and revision shoulder surgery; general orthopedics



## Helena Meyer, DO

**Board Certification:** Orthopedic Surgery

**Fellowship:** Foot and ankle, Michigan International Foot and Ankle Center

**Residency:** Orthopedic Surgery, Garden State Hospital, Michigan State University

**Medical School:** Kirksville College of Osteopathic Medicine, Kirksville, Michigan

**Special Interests:** Foot and ankle pain; arthritis; athletic conditions, sprains and fractures; plantar fasciitis; tendon injuries; acute or chronic deformities; nail/nail bed injuries



## Roger S. Pocze, MD

**Board Certification:** Orthopedic Surgery

**Residency:** Orthopedic Surgery, University of Missouri, Columbia, Missouri

**Medical School:** University of Michigan Ann Arbor, Michigan

**Special Interests:** Hip and knee replacement surgery; hip and knee problems; fracture care; hand/wrist; minimally invasive surgery; musculoskeletal problems; evaluation of patients for all aspects of general orthopedics; MAKO® certified



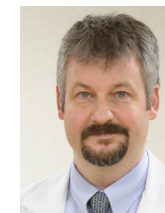
## Richard W. Smith, MD

**Board Certification:** Orthopedic Surgery

**Residency:** Orthopedic Resident, University of Massachusetts Medical Center, Worcester, MA

**Medical School:** Georgetown University School of Medicine, Washington, DC

**Special Interests:** General orthopedics; sports medicine; MAKO® certified



## George J. Raukar, MD

**Board Certification:** Orthopedic Surgery

**Fellowship:** Adult Orthopedic Reconstructive & Trauma Surgery, Allegheny General Hospital, Pittsburgh, PA

**Residency:** Chief Resident, Department of Orthopedics, Mayo Graduate School of Medicine, Rochester, MN

**Medical School:** Mayo Medical School, Rochester, MN

**Special Interests:** General orthopedics; minimal incision joint replacement; MAKO® certified

To learn more about our  
orthopedic specialists, visit  
[Steward.org/DoctorFinder](http://Steward.org/DoctorFinder)