Holy Family Hospital Childbirth Education Registration Form

To register for any of Holy Family Hospital's Childbirth Education classes in 2018 please send this completed registration form, along with payment, to:

Holy Family Hospital c/o Childbirth Education 70 East Street Methuen, MA 01844

We recommend that you register by your <u>sixth month</u>. Registration and payment must be received prior to the start of classes. Please complete **ALL** of the following information:

First Name:	Last Name:				
Address:	Apt. #:	City:		State:	Zip:
Telephone number (home):			(work):		
Obstetrician:					
Email Address (so we may confirm your registration):					
Due date:					

Please review the following pages for a list of our classes and the dates they are offered. Be sure to specify the class and the dates in the check-box areas provided.

Class	Please Specify Date(s)	Fee
Seven-Week Childbirth Education Package Includes five 2-hour Lamaze classes and a Breastfeeding class Lamaze classes meet Thursday evenings from 6 to 8 p.m. Breastfeeding class meets on Tuesday evening for one 2-hour session.	Childbirth Class: January 11- February 15 March 15- April 19 May 17- June 21 July 12- August 16 September 20- October 25 November 1-December 13 Breastfeeding (BF): January 9 February 6 March 6 April 10 May 8 June 5 July 10 August 7 September 11 October 9 November 6 December 4	\$125 per couple
Class	Please Specify Date(s)	Fee
Saturday Lamaze Childbirth	Lamaze - January 6	\$125 per couple

J.J.IIIIg Cidos	978-687-0156 ex 2271	420 per cinia
Sibling Class	978-687-0156 ex 2271 Please call for dates	\$20 per child
Refresher Class	Please call for dates	\$40 per couple
Breastfeeding Class Our Breastfeeding class is a single two-hour session that meets on a Monday evening from 6-8 pm in the Holy Family Hospital Birthing Center Conference Room on the third floor. This class provides instruction and support in breastfeeding. Geared towards mothers who want to breastfeed and to those undecided, the class covers principles of breastfeeding, its benefits, weaning and the transition back to work.	January 9 February 6 March 6 April 10 May 8 June 5 July 10 August 7 September 11 October 9 November 6 December 4	\$25 per person
	Lamaze - November 10 Make-up - November 11 BF - November 6 Lamaze - December 8 Make-up - December 9 BF - December 4	
	Lamaze - September 15 BF - September 11 Lamaze - October 13 BF - October 9	
	Lamaze - August 4 BF - August 7	
	Lamaze - July 7 BF - July 10	
	Lamaze – June 9 BF – June 5	
	Lamaze – May 5 BF – May 8	
	Lamaze – April 14 BF – April 10	
Breastfeeding class meets on a Tuesday evening for one 2-hour session.	Lamaze – March 10 Make-up - March 11 BF – March 6	
Lamaze class meets Saturday from 9 a.m. to 5 p.m. a one 8-hour session.	Make-up February 11 BF – February 6	
Includes a Lamaze class and a Breastfeeding class	BF - January 9 Lamaze - February 10	
Education Package	Make-up - January 7	

Class	Please Specify Date(s)	Fee

Cesarean Birth Class	Please call for dates 978-687-0156 ex 2271	\$25 per couple
American Heart Association CPR for Family and Friends	January 8 February 5 March 5	\$40 per person
This class meets from 6:30 to 9:30 pm. Specific location provided upon registration. To insure the best possible learning environment, please do not bring children to the class.	April 9 May 7 June 4 July 9 August 6 September 10 October 8 November 5 December 3	

THANK YOU!

We will notify you by phone or mail to confirm your registration and inform you of what you need to bring to class.